

Split marks Shyamalan comeback

By Karlin Holley

@karlin_elise Staff Writer

As an avid fan of horror movies, and hearing rave reviews, going into see *Split* I expected big things. Directed by M. Night Shyamalan, who also directed *The Visit*, which I thought was a refreshing spin on the typical horror movie plot, led me to go in with my expectations high.

Following the story of a young man named Kevin, who has over two dozen different personalities ranging from a New York fashion designer, to a playful 9-year-old, actor James McAvoy gracefully balances the role. Sometimes having to change personalities all in one breath, he keeps it suspenseful while also entertaining. Even though he has to portray such a wide array of personalities, he does it flawlessly and I was very impressed.

Casey, one of the three girls that is kidnapped by Kevin, is played by Anya Taylor-Joy. She is the leader of the group, scarred from her abusive past, her intuitive thinking and decision making is what saves her life. The other two girls that were abducted along with her, Claire, played by Haley Lu Richardson, and Marcia, played by Jessica Sula, are more background characters and aren't very relevant to the



plot and are kind of unnecessary.

While the underlying plot is the story of how these three teenage girls will escape, it is covered by the backstory and insanity of Kevin's ever changing personalities.

The whole movie is clouded in a sense of unknowing and suspense. With just the right amount of jump scares and intensity this movie was incredible.

With a two-hour run time, the whole time every scene seems to be rushing forward, even when there are flashbacks to provide perspective. These flashbacks help to give an insight into the horror and abuse Casey endured as a child that clearly still affect her now. The acting was flawless, and the actors couldn't have fit their roles more perfectly.

I've seen a lot of horror movies in my life, and they all seem to have the same general plot, so coming across a movie like this that has a kind of twist on it makes it that much more enjoyable. *Split* was a refreshing thriller in seemingly dry horror movie industry. I've never been one to see a movie more than once; you already know the plot, any plot twists, and it's just not as exciting. But with the combination of the acting, and the well thought out plot in this movie, I could watch it over and over.

20th Century Women takes new direction on teenage memory recollection

By Mackenzie Talbott

@mack_talbott Staff Writer

20th Century Women doesn't have the car explosions, the flashy city streets, or the intense jump scares of the typical movies in the box office today. What it has instead is an inside look into a mother's love, the relatable struggles of being a teenager, and the agonizing truth to the lifestyle of sensitive teenage memories.

The movie centers around fifty-five year-old Dorothea Fields son, Jamie Fields, a fifteen-year-old boy growing up in a Santa Barbara home circa 1979. The countless montage voice overs carried on by Jamie show the two boarders his mom takes into the home, 30 something potter William, who helps Dorothea restore the grand, but neglected house, and 24-year-old Abbie, (who wind up being casual lovers in the film from time to time) and his high-school best friend, 17-year-old Julie, whom he is in love. Go figure.

The ages of the characters are incredibly specific because it shows just what they were dealing with during that time period. The beauty of this film is the two stories told together; the life Jamie lived and the life the characters lived in that time.

Dorothea's presence from her own childhood is seeped into her parenting of Jamie, free-spirited curiosity, and freedom harbored into her ambitions, while still rounding out for the conventional family lifestyle. Having a mom like her, Jamie

regularly cuts school and tells some white lies as to where he is going. What he actually does on the school less days is never revealed by Mills, but the room to guess for yourself is present since no real effect comes from the absences.

Reaching into the relatable feeling of self-doubt, Dorothea gets Abbie and Julie to help

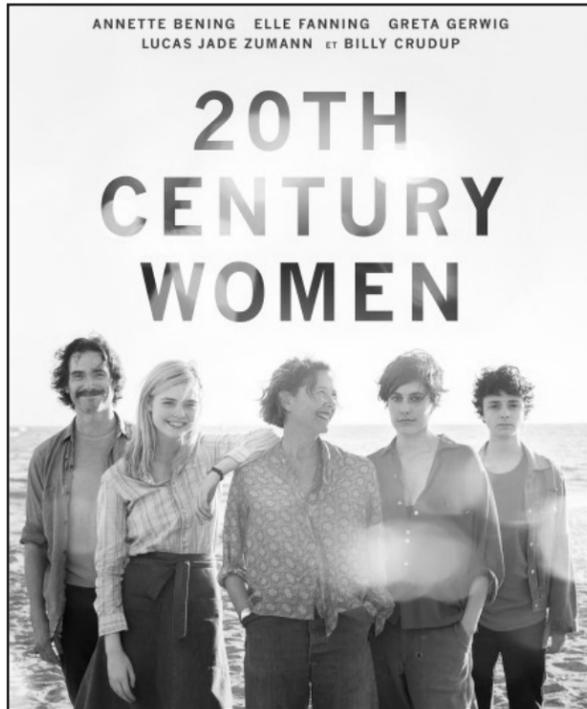
As most teenagers do, Jamie moves memories around to make the trivial moments miniscule and the day to day moments monumental. Seeing the world through his lenses but not through his point of view, a difficult tactic that Mills projects flawlessly

The perspective of this film is really what grabs the interest of viewers. Critics call it a "opposite coming-of-age film" because the story is all told from the memories he has of the people who shaped him as a teenager. The sweet reminiscent footage to go along with his narration would never had made it into the film if it weren't for this angle taken by director Mike Mills. The direction of the film takes flight from the impressionistic memories with the camera going to and from the action scene, allowing for a dream-like state to occur.

It's nothing too important to the plot, but it sneaks in little characteristics of his surroundings that add the feeling that you really do know the characters inside and out; little things that would otherwise be left out of the film, leaving an empty space you wouldn't have noticed but could feel. The point of the film really isn't even what happens to young Jamie, but how the people around him dealt

with the events.

This movie is nothing shy of a tribute to all women do for a person. It doesn't leave out the pain of living life, but the sadness never stays as soon as Jamie reminds us of the wonderful people who built him.



her raise Jamie, giving him just the opposite of what 15-year-old boys have: shelves of feminist books read on screen that translate into his relationship with Julie. One of the best scenes in the whole movie comes from his extensive knowledge of women, and his admiration for everything they go through.



By Reese Tittle

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A Series of Unfortunate Events turned out to be disappointing and dare I say, unfortunate. With its redundant plot lines the TV show let down many viewers.

The series is narrated by Patrick Warburton, also known as Lemony Snicket, who has dedicated his life to dig deep into the Baudelaire's story and tell that to the viewers. Every so often Warburton will appear in the back of the scene to add comments or clear something up that is confusing to viewers.

The Baudelaire's are three children Violet, Klaus, and Sunny who in the first episode learn their parents have perished in a devastating house fire. After they hear of the news they are then taken to their closest living relative, which in the show means which relative is within the closest distance. This leaves them in the care of Count Olaf who is related to the Baudelaire's by being

a fourth cousin three times removed or third cousin four times removed.

The children are wary about living with Count Olaf who turns out to be a gold-digging villain who is only after the children's fortune left behind by their parents.

Throughout the season the children are passed between relatives while trying to run away from the grasps of Count Olaf and his mischievous schemes.

This is where the series start to take a turn for the worst and gets very redundant and drags on for each 40-50 minute episode.

The season consists of eight episodes every two being set up in a part one and part two to convey the plot of the first four books of the thirteen-book series. If the book series is anything like the TV series I don't see it being very enjoyable.

Every part of the series is the same thing with slight variations. The Baudelaire's are sent to live with a new relative they didn't know about and then Count Olaf finds

them; even in the most remote locations. When Count Olaf arrives so do his group of henchmen along with tacky disguises.

Because of this redundancy, the show became boring four episodes in. Honestly, the series was painful to finish and I found myself counting down the minutes until the last episode was over.

On the contrary, the actors do a great job of embodying the personalities of their roles. Klaus, played by Louis Hynes, is a frequent reader always looking for ways to get him and his siblings way out of trouble. Violet, played by Malina Weissman, is the eldest who is the inventor the bunch. The youngest is Sunny, who is voiced by Tara Stronsemi; she communicates through short noises that aren't close to English but the other siblings seem to have decoded her vocabulary.

The actors are the more redeeming quality of the show and make it a little more bearable to endure. Although their acting is good for being so young, I would not recommend the show to others.

Bowling team stays positive despite low ranking



Photo by Sam Smith

Tommy Blair (11) bowls against Anderson. Although the season was not what the team had hoped for, they still found success.

By Sam Smith
@samsmith33 | Staff writer

The bowling teams currently sit towards the bottom of the ECC standings with men's varsity bowling at [sixth] with [four wins and eight losses]. Women's bowling is currently hanging onto [eighth (last)] place in the ECC with [one win and nine losses]. However, the season has not been a total loss for the bowlers.

"Our JV team has had a really good season; they've been getting a lot better. The varsity team has seen a lot of improvement. A lot of guys have really stepped up at key times. It's definitely not been quite the season we'd hoped to have, but we've definitely got some younger guys stepping up and we've got some scores coming along, so if nothing else, in the next couple seasons I think we've got a lot of room to grow and I've got a lot of hope for the future," said Varsity

Bowler **Aaron Autin (12)**. Autin is consistently one of the top bowlers.

Varsity currently maintains an improved score from the 2016 season, and the athletes claim to see improvement.

"We've done a lot better than last year, and we're definitely improving as a team. We've got some bowlers that are up-and-coming. It's been great to see the increasing scores of the incoming juniors," **Wyatt French (11)** said.

The season has not been without challenges. The team has fought back to overcome their setbacks.

"We went on the road against Withrow. Their bowling place is one of the toughest to bowl at in the city. It's hard to get good scores, and our team put up some really good



Photo by Sam Smith

Aiden Autin (10) follows through on his throw while warming up at a bowling tournament. Autin utilized a hook in hope of a strike.

scores. It was nice to hit some of the benchmarks we wanted to this season and to do it in one of the hardest locations," Autin said.

The team already has their eyes set on the next season.

"For me it's been a lot of fun my senior season to see we've got a lot of young bowlers that are coming up and can continue the team after I leave," Autin said.

Loveland wrestling succeeds in both regular and post season

By Nick Henthorn
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The Loveland Wrestling team has almost reached its conclusion to a supremely successful season. As such a season winds down to a close, the ECC leaderboards are peppered with Loveland Tigers.

All of the weight classes, ranging from 106 pounds to 285 pounds, has at least one Tiger in the top three in wins. This success, according to head wrestling coach Mr. Chris Switzer (Social Studies) can be pinned on dedication and internal growth from the whole wrestling squad.

"Our success can be equated to our growth as a team. We were very young last season (started mostly Freshmen and Sophomores)... therefore, we are a year older and better." Mr. Switzer said

With conference tournaments and regional championships in full swing, including the ECC

Championships held at the high school on February 11th, the team has looked to two seniors to guide the team.

"Two wrestlers stand out [as leaders]; Nate Lawry (12) and Dominic Ferreri (12)... they are two of our 3 seniors... so they are very good leaders," Mr. Switzer said

As tournament dates come around and the intensity steps up, the participating Tigers are going to stick to their regiment and continue the

habits that got them this far. "We have not changed much, my expectations are always the same: work hard and get better at every practice," Mr. Switzer said on preparing for regional tournaments.

The ECC Wrestling Championships were held in the gym at Loveland High School, where the team came out on top over seven other schools, scoring 255 points over seven rounds.

Tiger Wrestling found itself replete in awards and accolades, as

Coach Switzer was awarded ECC Coach of the Year, and five wrestlers earned themselves individual ECC titles. **Richard Mendoza (12)** at the 106 weight class, **Colin Durham (10)** at the 120 weight class, **Blake Poteet (10)** at the 138 weight class, **Nate Lawry (12)** at the 152 weight class, and **Ian Knabe (11)** at the 160 weight class.

By any measure, the past wrestling year has been a successful one.



Photo by Emma Vuyk

Nate Lawry (12) wrestles his opponent to the ground. Lawry was first in his weight class in the ECC.

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Cincy Sports with Henthorn



By Nick Henthorn

@nickhorn135 | Editor-in-chief

The Super Bowl was fun. The Falcons and Patriots were both at the top of their games on that February night in NRG Stadium. But now it's over, and with it, the last vestige of sporting diversity has flown the coup.

It's all about basketball in the sports world until soccer starts up in March.

Unless you count hockey.

Which I don't.

With basketball dominating the sports scene, some attention should be directed to the city's pro basketball team.

Oh wait.

No professional basketball team has called Cincinnati home since the Cincinnati Royals skipped town in 1972 and went to Kansas City (and eventually settled in Sacramento).

I'm beginning to realize I might've pigeon-holed myself with this whole "Cincinnati Sports" shtick.

College ball is great, and those living in the southwestern Ohio are replete with options on that front, with Xavier, UC, and Dayton sitting at 14, 16, and 29, respectively, in the NCAA Men's Basketball RPI.

Even still, I can't in good conscious say that onlookers can derive the same viewing experience from a college game as they can in the pros. Critics of the pros will say that the players do not give as much effort, that the coaches just 'roll the ball out,' that the passion and intensity in college sports far exceeds that of the professional leagues. And to that I say: lol.

No impartial observer can honestly say that the NCAA is better than the NBA. The talent discrepancy is simply too large. There are about 4,900 Division 1 men's basketball players this year. Only 60 will be selected this year in the NBA draft (and that's operating under the faulty assumption that no foreign-based youngsters will be drafted); that is barely one percent of college athletes possessing the requisite talent to be selected for the pro league, even before realizing that more than a few rookies are promptly over the course of the 82-game NBA schedule and never seen again.

But wait Nick, college fans might rebuke, you're looking at too big of a sample size. There are many D1 schools that do not have anywhere near the level of resources or talent as the prime-time, big conference schools. I need to look at the more talented teams and adjust my opinion from that group of players. Very well. Let's take the cream of the crop, the NCAA March Madness tournament, as our sample size instead. That shrinks it down to 68 teams, about 952 players. If the 60-man NBA Draft took exclusively from that pool, that would still mean only six percent of the players are good enough to be drafted into the NBA.

Coaching is another area where the NBA gets a unearned bad reputation. College coaches are seen as being more involved and drawing up more game plans. That's only half true. College coaches are more involved, but only because they have to be. NBA teams go through just as many progressions and practice just as many sets as college teams; the difference is that NBA players have the capacity to react to defenses and modify their actions more effectively than college players, a liberty that they exercise frequently. The increased acumen and ability of NBA talent leads to the misconception that they are not coached as hard and are not as disciplined.

Conversely, NCAA D1 teams find themselves filled with marginal players, who need structure, who need a system to tell them where to go and when to do what. Considering every D1 NCAA team has only .09 of an NBA player on their roster, I'd say high coach involvement is mandatory.

Now that the denizens of Cincinnati know what they are missing, the next course of action is to find out what pro team deserves their fanfare. I've meticulously created a foolproof, irrefutable formula to determine what NBA team receives this honor.

First, I determined the top three closest teams, geographically, to Cincy. They are as follows.

Indiana Pacers (Indianapolis)- 112.2 miles

Cleveland Cavaliers- 248.4 miles

Detroit Pistons- 263.2 miles

From those three teams, I found the aggregate ticket price of a regular season home game for those teams. Because responsible spending should be accounted for in any purchase. *Stats courtesy of statista.com

Detroit Pistons- \$31.42

Indian Pacers- \$38.97

Cleveland Cavaliers- \$48.12

Lastly, I compiled the total win-loss record of each of those teams over the last three seasons. Because it's always more fun if you win. *Records accurate as of February 17th.

Cleveland Cavaliers- 149-70

Indiana Pacers- 112-109

Detroit Pistons- 103-118

Now, to decide what pro team Cincinnati should pledge their allegiance to, I scored all three of those teams, three points for first place, two for second, one for third.

Drumroll, please...

And the winner is...

The Indiana Pacers with 7 points!

Alright Cincinnati Fans, say hello to your new 'hometown team,' the former three time ABA Champions, the Indiana Pacers. Or go root for the Warriors, you bandwagoners.

Lacrosse named school sport



Photo by Colin Johnson

Kelton Wene (12) runs the field in a game last year. Lacrosse will soon be a school-sanctioned sport-- a change for school athletics.

By Claire Beran

@TheClaireBeran | Staff writer

With the spring season rapidly approaching, members of the boys' and girls' lacrosse teams are more excited than ever to take the field as an official high school lacrosse player for the first time in Ohio history.

Lacrosse is one of the fastest growing sports with more than 250,000 players across the nation. Ohio was one of the only states in the country without lacrosse as a school sport. The high school has had a lacrosse team for many years, but it has always been considered a club sport, not high school sanctioned sport.

"I am so excited for lacrosse to become an official school sport. It makes us feel like part of the school now and it's going to be a great season," **Alex Hytree (9)** said.

In June of 2016, the Ohio High School Athletic Association (OHSAA) voted unanimously to make lacrosse part of all participating high school programs for the 2016-17 school year. In order for any sport to have an OHSAA tournament, there must be at least 150 schools that are able to make a team. This rule is what caused the delay, as many high schools lacked interest in lacrosse until the recent spike in popularity.

"Lacrosse finally has an OHSAA tournament which will be great for our program," **Paige Naber (11)** said. "We can finally showcase our talents beyond the regular season."

Now that lacrosse is an official high school sport, the Loveland Athletic Boosters (LAB) can help pay for uniforms and other necessary equipment. LAB recently made a \$15,000 donation to Loveland Lacrosse to help cover those costs for both the girls' and boys' teams.

"The donation for new equipment from the Athletic Boosters is huge," **Drew Grafflin (12)** said. "To get the support of LAB on our first year as a school sport means a lot. It shows how much our program is developing and is hopefully a sign of growth of the game in the community."

Both teams hope that the new gear will help them have successful regular and postseasons.

"The gear is going to make us feel like an official Loveland team," **Eric Thomas (12)** said.

After a trip to the Final Four game against Upper Arlington last year, the men's team prepares with open

fields and lifting sessions each week. They hired a new coach for the upcoming season, Steve Rice, to help them get ready for their hard schedule.

"Our focus is now creating relationships with Coach Rice so our whole team has good chemistry and we can play as one," Grafflin said.

One of the top players returning is junior Adam Clark. Clark committed last November to play at Cleveland State University. He broke the record for most goals on the team with 74 and most assists with 30. He also broke the record for most points in a season with 104.

In addition to the boys' team, the girls' team is also looking for triumph this spring. The ladies had a record of 14-4 last spring and plan to improve their record this season.



Photo by Colin Johnson

Lauren Catalfino (12) runs the field into a game last year. This will be her first year on the team as a school-sanctioned sport.

"We have a lot of returning varsity and some talented freshmen coming up this year," **Julia Dillhoff (12)** said. "If we keep working as a team and learning new offensive plays we will definitely improve."

Katie McElveen (12) will be returning to the team as an attack. She committed to play Division I lacrosse at Ohio State University her sophomore year. Last spring, McElveen was named an All-American, the highest award received by an athlete.

"It was such an honor to be chosen, I could not have done it without my teammates; being an all American means a lot to me and my family as my older brother is also one," said McElveen.

The women's team will also be traveling to Louisville at the start of the season to play against competition in other areas. They hope that traveling will help their game improve as well.

"We're traveling for the first time as a team so we'll get to see how good our team is when we start playing schools other than the local ones," **Hannah Gray (12)** said.

As the spring season rapidly approaches, both the boys' and girls' lacrosse teams prepare for what hopefully will be their best season as an official Loveland Tiger team.



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Best of Luck to
The Roar

Winter sports wrap up

Season of mixed success reaches finish line



Photo by Sam Smith

Michah Hicks (10) during the team's match against Walnut Hills. The team unfortunately lost this match.

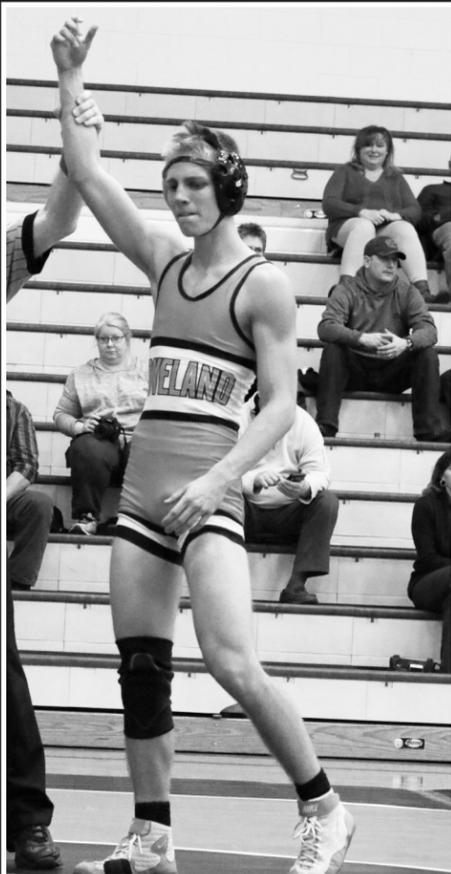


Photo by Emma Vuyk

Kian Palmer (10) accepts his win as the ref puts his arm up. The team competed against Glen Este.



Photo by Sam Smith

Riley Owens (11) confers with teammates during a match. The team competed against Anderson High School.

By Sam Smith

@samsmith33 | Staff Writer

As winter sports begin to wrap up, athletes have seen mixed success. Wrestling and academic team have seen winning streaks and men's basketball placed fifth in the ECC with 6 wins and 7 losses. Women's basketball player Katelyn Warden set a school record for number of three-point shots. Women's basketball ranks 5th in the ECC bracket with 6 wins and 8 losses, and Men's bowling holds #5 in the ECC with 5 wins and 9 losses. Women's bowling placed #7 in the ECC with 1 win and 11 losses. Several swimmers placed in the top ten in various competition, although the team as whole consistently ranked middle-of-the-road in their events.

"Our teams have been doing pretty well. This whole season has been what I call the roller coaster: we have our ups and our downs. Every program will go on a winning streak and then they'll hit a little bit of a losing streak," **Julie Renner (Athletic Director)** explained.

Men's swimmers saw an up in the athletic roller coaster when they ranked #3 in the 200-yard medley. **Brandon Day (9)** placed #10 in the IM 200-yard and #2 in the backstroke and #7 in the 100-yard butterfly. **Vaughn Richter (12)** placed #5 in the 50-yard freestyle. **Joe Carver (12)** scored #3 in the 1 meter dive.

"Last week was the ECC tournament, and there were a couple individuals that stood out,

like **Courtney Mennen (12)**. Brandon Day stood out, too," Mrs. Renner explained in reference to the recent ECC swimming tournament.

"My best moment this season was achieving second place at our ECC championship meet in the 100 backstroke and make the podium with our current relay. This season has been a great

(9) placed #3, **Erin Albert (10)** followed in #4, **Shelby Cline (9)** placed #6 and **Allison Reynolds (9)** came in #10. In the 100-yard backstroke, **Sarah Klenke (10)** placed #2 in the 100-yard backstroke.

"Our wrestling team broke a record for the most dual wins in a season, and they were in the regional semifinals. They were up against Moeller, and Moeller beat

wrestlers to move onto state qualifiers

"This wrestling season for me has been rewarding. The team as a whole has improved a lot from last year. I feel I have improved with them. We broke the seasonal dual win record and we got Coach Switzer his 150th win. Overall, it's been a good year so far," said wrestler **Cade Smeller (11)**. Wrestling is not the only team that has seen more success than in the past.

"Academic team is doing really well this year. They're in the mix of possibly bringing an ECC championship home," Renner explained.

Academic team also saw one of the most successful seasons in recent years, currently holding onto 9 wins and 5 losses, along with third place in the ECC standings.

"It's been great. The most thrilling moment was with Kings. They had a really good guy on the other team, who was virtually their entire team. We got really intimidated the first game, but we brought it back together the second game and dropped them harder than the DNC dropped Bernie," explained academic team member **Riley Owens (11)**.

Academic team will continue to the AQT Tournament on Wednesday the 22nd at Turpin where they are likely to begin in a high seat in the tournament bracket.

"It's competition out there. It's hard sometimes, but we're tigers and we're going to fight it out. I'm proud of what everyone's been able to accomplish," Mrs. Renner said.

Winter Sports ECC & Overall Records

*All records accurate as of February 17th

Team	ECC	Overall
Boys' Basketball	6-7	9-12
Girls' Basketball	6-8	9-14
Boys' Bowling	5-9	8-11
Girls' Bowling	1-11	3-14
Academic Team		9-5

experience for me and has been a lot of fun," Day said.

Women's swimmer, **Nami Cannon (9)**, placed #7 in the 200-yard freestyle and #6 in the 500-yard freestyle. **Courtney Mennen** ranked #10 in the 50-yard freestyle and #8 in the 100-yard freestyle and #10 in the 500-yard freestyle and #4 in the 100-yard backstroke. In the 1 meter diving category, **Riley Bullock**

them. But their dual season record is 22 and 3. I want to give them kudos to their team because there were a lot of people who thought they couldn't have had a dual season like that," Renner explained.

This year, our wrestling team is working through state duals and performing better than years past. Although they fell to Moeller, they consider their season a success. Mrs. Renner expects some

My Weird Life



Torrents n' Tunes: Rain makes music festival fun



Photo courtesy of Abby Gillardi

Tame Impala plays at the 2016 Bunbury Music Festival. Rain poured down during the entirety of Tame Impala's performance.

By Jon Parker

@_jurassicparker | Photo Editor

A few of my friends and I decided to go to the Bunbury music festival that took place last year in Cincinnati. The lineup for the festival really appealed to all of us and we spent the weekend engulfed in different music.

The weather for the first day was great, tons of sun and a mild 70 degrees to keep us cool in the large crowds. The second day was very different. The forecast called for a large storm that was supposed to last into the next day.

We got to listen to a few bands then the storm hit with a great force as we all took shelter under a bridge in the center of the festival grounds. The main reason I personally wanted to go to the festival was to see the band Tame Impala.

The band was about to go on as we were all crowded under the bridge but the rain was coming down harder than ever. We decided to head over to the far stage and watch the band play. As we were running up through the rain Tame Impala started playing one of their most popular songs "Elephant" which is also one of my favorites.

The rain was pouring down and everyone was dancing around without a care in the world to the bass focused beat from the song. Lighting was filling up the sky but the band didn't stop playing. It was a beautiful moment, dancing in the rain with two of my closest friends and a whole crowd of people that love the band as much as I do, lighting filling the sky and thunder shaking the ground and almost echoing the bass from the song.

The leader of the band Kevin Parker yelled out to crowd during the song and informed everyone that his keyboard was shorting out from the rain and they were being told to get off the stage due to the weather. Parker yelled out he was "having the time of his life", and finished out the song as his keyboard completely shorted out and the lighting got much worse and the rain began to come down mixed with hail.

We headed back to the bridge and took cover, laughing at each other and smiling as we just had been apart of something so intense and intimate with the band and people all around.

At the beginning of that day I thought the rain was going to ruin it, but in turn it made it incredible and gave me one the best experiences I've ever had at a festival. Honestly I personally believe this was one of the coolest things I've ever been apart of and will always cherish that small, beautiful moment in the rain.

Loveland resident Ethan Kadish receives new means of communication

By Christian Harris

@Chris7ianHarris | Staff Writer

Ethan Kadish was a student in the 7th grade at Loveland when he was at a summer camp and was struck by lightning out of a clear sky.

One of the rarest natural phenomena happened that day and it happened to be right where Ethan was playing frisbee with his friend at a summer camp in Indiana. The lightning strike caused his heart to stop beating, which deprived his brain of sufficient oxygen for an extended period of time.

As a result of the accident, Ethan suffered severe brain damage because it was deprived of oxygen for those few moments. He has since gone through numerous surgeries and numerous types of therapy to try and recover brain function.

Today, Ethan is restricted to a wheelchair and receives

help from a nurse and his family throughout the day.

The uninsured costs of taking care of Ethan can exceed \$100,000 a year, which isn't completely covered by donations. His family has had to make a lot of adjustments in order

decided to help his friend communicate because Ethan can't speak.

The idea was to make a device that would help Ethan have simple conversations using buttons that can be pressed using his head to indicate either 'yes' or 'no.'

had his first conversation in 2016 which was the first one in over 3 years.

A second device was created so that Ethan could use it at the school he attends-- the Bobbie B. Fairfax School, which offers physical therapy, occupational therapy, and speech therapy for kids with significant handicaps.

It helps at school that Ethan can communicate with the people around him, he is able to participate in a slightly more normal life.

"When he is feeling well, he is very expressive," Mrs. Alexia Kadish (Ethan's Mom) said.

Ethan had significant complications in the last year since the device was created. Working with Ethan and the

device requires the "right timing."

"[The most important thing is] giving Ethan that voice, being able to connect with communication," Mrs. Kadish said.



Photo courtesy of Jen Smilg

Ethan Kadish responds 'yes' to a question posed by Jacob Smilg (Sycamore High School). The device allowed Ethan to have simple conversations for the first time since his accident.

to make life easier for Ethan, including a minivan with handicap access modifications was donated to the family.

Recently, one of Ethan's friends, **Jacob Smilg (Sycamore High School)**,

Ethan only has control over his head and thus the machine is easy for him to use.

The new device has made him enjoy interacting with people because he can have simple conversations and he



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Staying fit in winter proves to be difficult

By Hannah Bingham

@hannahbingham9 | Features Editor

After a long cold winter, many of us welcome the warm rays of summer. Our skin gets tan, our clothes get cuter and everyone tones up as a result of taking advantage of the warm sun. Until then, we have to deal with the doom and gloom of winter, which includes the inevitable weight gain as a result of all the things that suck about staying fit in the winter.

Running Outside:

I would rather run outside in the cheek-pinking cold than run on a treadmill, but it comes with its own challenges (beyond the whole running thing). Every shiny piece of sidewalk must be approached with caution. Sometimes people don't even clear the sidewalks of snow and then you're forced to run through or channel your inner track star and hurdle over it. Even something as simple as breathing in hurts and you can feel it all over, and the cold is already penetrating your layers of supposedly "sweat-wicking" clothing.

The "dreadmill":

When the roads are icy and the biting wind is enough to keep us locked up inside many of us are forced to use the treadmill in order to get a run in. Sometimes watching Netflix while running or listening to your favorite music can make it go by any faster. I could write an entire article on the stages your mind goes through while running on a treadmill, but it mostly goes something like, "I'm going too slow", "Now I'm going too fast", "this can't be a ten minute mile".

At Home Workouts Are A Warzone:

Go digging through your DVD's at home and you're bound to find your parent's old workout videos. Ripped trainers promise to get you chiseled within a certain amount of days, but the truth is, once you get your sneakers laced up, your water bottle ready and your furniture moved aside, you might be considering just doing some crunches and calling it quits. On the other hand, if you do decide to carry out the video then right when you start to break a sweat, someone walks in to see you doing star jumps in the living room.

The food:

Throughout the school year, winter is the most stressful time and food is one of the best stress relievers of all time. Granted, working out is a stress reliever as well, but many would choose McDonald's fries over exercise. Not to mention, the holidays bring out the very worst/best food that restaurants can produce. The food just keeps getting more decadent and therefore more calorie filled.

Pushing aside the layers of fuzzy blankets and comfort food and go for a jog is way easier said than done. Staying fit for the winter can be tough for even the most dedicated athlete, so don't get too down on yourself.

U.S. falling behind in school nutrition

Foreign countries pull ahead in nutrition: Americans search for change

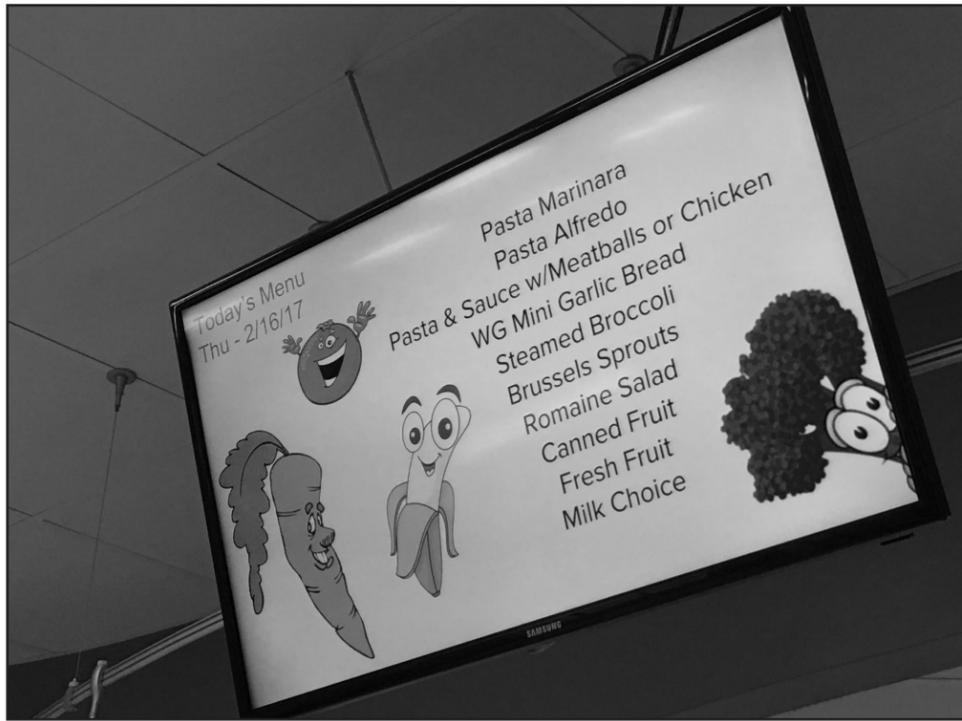


Photo by Sam Sauer

A television screen in the lunchroom presents a myriad of food options to the students preparing to buy food. The food choices available to all students change daily.

By Karlin Holley

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For those who frequent the cafeteria lunch line, you know the options. Cold chicken on a iceberg lettuce salad is one healthy choice, but for people who are gluten free, vegetarian or vegan, there isn't a large variety. According to World Atlas, America is #12 on the most obese countries in the world; there has to be a solution.

With Michelle Obama's Healthy Hunger-Free Kids Act (HHFKA), there are new standards for the lunches that public schools can serve to kids. It mandates a minimum amount of fruits and vegetables, and a maximum amount of sugar and fat content also with smaller portion sizes.

A stereotypical American school lunch usually consists of something fried, a fruit cup, and a small serving of some type of frozen vegetables. Serving students with fresher and more nutrient-rich food provides kids with brain

power and nutrition to help them last through the day. For example, a typical lunch in Italy consists of some kind of local meat, usually fish, which is not only a brain food, but is filled with

that other countries are surpassing us in healthy options and nutrition in school lunches.

While money may be the restriction for some schools to serve fresher,

school every day.

Ten percent of the proceeds go back to the school, and is an easy way for schools to provide easy, healthy lunches at a cheaper cost. With no need to pay for kitchen staff, the utilities in the kitchen and upkeep, that money can go towards helping to pay or these lunches or using that money elsewhere in the school.

"The school lunches are crap, they're junk food, and I don't really trust them. The chicken is cold and never cooked all the way, and it's so much easier to just bring my own lunch. Maybe if they had better lunch options I would buy lunch," said **Stephanie Batsch (12)**.

Not only does having healthier lunches benefit the students, but it would also benefit the school because the more students that buy lunches, the more money that the school will make. The school lunches served in America just aren't living up to the standards of other countries healthier, and more nutrient-rich lunches.

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vitamins. Lunches also include a small serving of some kind of pasta, fresh fruit, and a fresh vegetables. And in France, the lunches are similar with fresh fruits and veggies, cheese and some type of meat.

"Being vegan, it's really hard to find any appetizing options at the school; it's just easier to bring my own lunch instead of eating a single carrot from the schools limiting options," **Faith Gunn (10)** said.

There's no question

healthier options, there are alternatives that can cost the same or possibly even less.

One option is what a program called Silvergreens does for schools in California. It runs kind of like a catering company; they make all the lunches fresh from scratch every day, and deliver them to the school. Kids and parents go online and can pick from the options available and the lunches are delivered fresh to the

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Artist of the month: Garrett Fasig

Fasig shares musical talent



Photo courtesy of Hannah Morgan

By Niki Fiorenza

@nikifiorenza | Entertainment Editor

There are countless talented musicians in our school, and **Garrett Fasig (12)** has received much recognition for his nearly infinite musical talent.

Fasig plays alto and tenor saxophone, clarinet, piano, and guitar.

“My favorite is easily tenor saxophone because that’s what I play primarily and it looks the coolest.”

He has been playing saxophone for almost seven years, piano and guitar for around two years, and he recently picked his clarinet back up after stopping in 5th grade.

Throughout high school, there have been many opportunities for Garrett to practice his musician skills. He has taken concert band and jazz band classes through all four years of high school, along with AP

“My favorite is easily tenor saxophone because that’s what I play primarily and it looks the coolest.”
-Garrett Fasig (12)

music theory, beginner and intermediate guitar, and three independent studies with **Mr. Lopez (Jazz)**.

He currently performs saxophone with a jazz cover group, coined The Sharp Four. They perform at various venues around Loveland, including Cappy’s, Julian’s, and the Trailside Cafe, along with some private gigs.

“My favorite part of performing is getting to interact with different players and having, a good time with them while we’re playing,” Fasig said.

Garrett listens to and finds inspiration in many different artists. His favorite saxophone players are Chris Potter and Joshua Redman because “they are monsters on their instruments.” He also loves listening to Snarky Puppy, D’angelo, and Gregory Porter.

After he graduates, Garrett plans on going to college to study jazz at either The University of Southern California or Indiana University.

Student of the month: Zach Seltzer

Seltzer gives students glimpse into hobbies, favorite things



Photo by Eleanor Cronin

Zach Seltzer (12) and teammates practice for an upcoming academic team tournament. Seltzer has been on the team for all four years of high school.

By Erica Perl

@heylookitserica | News & Editorials Editor

Easily recognizable as “the guy with frosted tips and weird tee shirts”, **Zach Seltzer (12)** prides himself in being unable to juggle, staying hydrated, and being a tone-deaf singer. Curious to know more about this mysterious lad? Keep reading.

TR: The Roar: A penguin walks through that door right now wearing a sombrero. What does he say and why is he here?

Zach Seltzer: “He asks if I want a taco. I say yes. He’s here because he wants to chill and eat tacos.”

TR: In terms of Oreos, are you a cookie or cream kind of guy?

ZS: “Cookie.”

TR: Describe the tattoos you have/ ones you plan on getting.

ZS: “I have a gravestone that says “LMAO” on it and a realistic skull with hearts for eyes. I’m looking to get bees on

my knees soon, so that I’ll have the bee’s knees.”

TR: Who do you aspire to be like?

ZS: “I aspire to be like Beyonce, because I’d love to be a god amongst humans.”

TR: What is your most prized possession?

ZS: “I have a bag of pistachios that are pretty good.”

TR: Can you play any instruments? If so, how many?

ZS: “Nope, unless you count mayonnaise as an instrument.”

TR: If you were to look back at your YouTube history, what were the last three videos you watched?

ZS: “A Dr. Pimple Popper video, the *Rupaul’s Drag Race* season 9 cast trailer,

and a BuzzFeed video.

TR: What is your favorite breakfast food?

ZS: “A breakfast burrito.”

TR: If you could be famous for anything, what would you want to be famous for?

ZS: “I’d be famous for reality TV, because then I wouldn’t have the pressure of needing to have any talent.”

TR: Assuming you’ve watched the phenomenal Nickelodeon show *Avatar: The Last Airbender*, if you could be a waterbender, firebender, earthbender, or airbender, which would you be?

ZS: “I’d be a waterbender, because hydration is important as heck.”



Photo by Anna Azallion



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Photo by Jack Sexton

Students pose with their signs before the start of the game to cheer on the varsity balling Tigers as they face Kings. The student section for the night was themed after ESPN with students holding signs cheering on the Tigers or lightly heckling the Kings team. The “anchors” of the student section were **Jacob Payzant (12)**, **Drew Docherty (12)**, **Jackson Herman (12)** and, dapperly dressed, **Sam Toney (12)**.



Photo by Jack Sexton

Tripp Willis (10) is introduced before the game against Kings as **Mitch Suder (12)** and **Owen Wilhoite (12)** high five him. The game was down to the wire and the Knights held a lead at half time with a score of 20-21.



Photo by Jack Sexton

Mr. Reis, the varsity basketball coach, shows excitement as the Tigers lead in the last minutes of the game. Kings was defeated and the boys were victorious on the night with a final score of 41-35.



Photo by David Miller\Loveland Magazine

Jon Parker (12) from the “Beastie Ballers” takes aim at **Lauren Parker (11)** on the opposing team “Dodgefathers” in the first round of the dodgeball tournament for the cure which took place directly after the basketball game. Happy Birthday moved on to the next round and the tournament continued on.



Photo by Mrs. Peggy Johnson

The winning team of the tournament, The Funky Bunch, celebrate their final victory of the night. The team consisted of students, **Olivia Cox (12)**, **Mark Reich (12)**, **James Meckey (12)**, **Jackson Herrmann (12)**, **Hannah Gray (12)**, **Cole Ayers (11)**, **Susie Heath (12)**, **Brain Haberer (12)**, **Braden Watts (12)**, **Maggie Bailey (12)**, **Drew Docherty (12)**, and **Peyton Geers (11)**. The team was undefeated after a night of facing both peers and teachers.

Varsity team and cancer cure victorious in one night

Kings defeated, over \$700 raised for cure

The Tiger court was full of students, teachers, and parents alike on the night of January 27th for a night of competition. Varsity boy’s basketball defeated the Kings Knights with a final score of 41-35 in the high-energy showcase.

After the game, a dodgeball tournament was hosted by members of Team Love the Love 2.0 as well as Student Council members.

Team Love the Love 2.0 is a group of students helping raise money for the Leukemia and Lymphoma Society. **Leah Jordan (12)** is in charge of the team, having a goal of raising over \$5,000 for the cause.

Students and teachers were both apart of the tournament and the energy from the basketball game carried right into the dodgeball matches.

The victors of the tournament were students on the team named the Funky Bunch, and they, along with all other teams in the tournament helped raise over \$700 for Leah and her team.

If you’d like to donate to Leah’s team or have any questions about fund-raising opportunities contact her at teamluvtheluv2.0@gmail.com.