



THE ROAR

Loveland High School, Loveland, Ohio

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Photos courtesy of

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Photo courtesy of Loveland Schools

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"Mission Complete"

Girls soccer claims Division I victory at state finals



Photo by Zach Reichman

By Alyssa James
@alyssaajames | General Editor

The mission is complete - the girls varsity soccer team now holds the title of Division One State Champions, having defeated Perrysburg High School on Friday, November 10, at MAPFRE Stadium in Columbus, Ohio.

"Winning State was the best feeling in the whole world and scoring the only goal in the State game was unforgettable. November 10, 2017, was probably the best day of my life, making history and amazing memories with great people; it's definitely a day that I will never forget," **Brooke Harden (11)** said. Harden led the team to their 1-0 win at the state championship game with her goal in the first half.

At the preceding Regional Finals, **Sarah Harter (12)** scored the winning goal in overtime, leaving just four teams to beat before the girls would win their state title.

"I absolutely love this team and when I had the opportunity to step on that field during overtime, I knew I had to make the moments matter as my dad always tells me to do," Harter said. "There are people who played all 94 minutes of that game who made that moment possible for us and for me who really deserve the credit for that goal, and ultimately the game."

In the Final Four game, **Brice Grieshop (12)** scored the first goal, followed by an overtime goal by **Colleen Swift (12)**. Their 2-1 win advanced the team to the State Finals.

"We have broken records that no one thought could be broken, Grieshop, a four-year varsity player and this season's team captain, said. "Records that were just set with last year's team have been broken too. The work rate of every person on this team is incredible and so fun to watch."

This is not the first time that the girls varsity soccer team has excelled deep into tournament season. The team has been Regional Champions two times and has proceeded to State Finals two times in the past three years. Seniors **Lauren Parker**, Grieshop, **Ashlin McGill**, **Taylor Thole**, Swift, **Skyler Fallon**, **Riley Massey**, Harter, **Ellie Vondeylen** and junior Harden went to state finals in 2015.

"Not many people get to say that they went to State during their high school careers, but a few girls and I are able to say that we have gone twice," Harden said. After falling to Cuyahoga Falls Walsh Jesuit 1-0, the team bounced back to win their state title this year's season.

"When we went to state it set a foundation and a belief in our minds that we can fight

The girls varsity soccer team run to claim their trophy after siezing victory at the state finals at MAPFRE Stadium in Columbus, Ohio. "Once I hit the ball I knew it was going in...and it did," **Brooke Harden (11)** said, discussing her goal in the first half that led to the team to their 1-0 win. "Ten years from now I will always remember the strong bond and love I had with this group of girls and the love of soccer."

to win the state title," Parker said. "This year we're a whole new team and this is a whole new journey." Parker has been on varsity since her freshman year, and experienced the "thrill" of playing at State her sophomore year; she intends to continue her soccer career at Miami University next fall.

Students, faculty and families from all around the community traveled to Columbus to support the girls. The game was blackout-themed, and the crowd cheered for the Tigers in thirty degree weather as they played one last time as a team this season.

After watching Girls Varsity Soccer advance to state two times in three years, hopes are high around Loveland for another great season. "I think this win really set the bar for future seasons and will make us work harder to return to state," **Noelle Cotter (10)**, the goalie for the JV soccer team, said. "The varsity team this year really demonstrated determination, and what it means to be humble and hungry. I think that we will follow in their footsteps."

History has been made by the girls varsity soccer team for LHS. The years of progression can be seen through the title of State Champions, and both the community and student body are looking forward to see where the next mission will take them.

First Lady "Trumps" bullying in schools

By Mihaela Manova
@lovelandroar | Staff Writer

On October 23, 2017, First Lady of the United States (FLOTUS) Melania Trump and Secretary of Education Betsy DeVos made a surprise visit to a Michigan School.

According to *USA Today*, "The two visited Orchard Middle School in West Bloomfield, Michigan, to kick off the 'Week of Inclusion.' This visit promoted an anti-bullying month for the school and Melania Trump's promise to fight for the ending of mistreatment between kids.

The school's new anti-bullying campaign features the hashtag "#NoOneEatsAlone." With that in mind, she followed up her speech in the school's cafeteria, "I encourage you all to find a new friend, get to know new things about them. Don't let anyone sit alone," Trump said, according to the *New York Times*.

Her time in the Detroit school included taking selfies with the kids and bringing

them together. According to the *New York Times*, "she posed for dozens of selfies, shook hands, and invited a few particularly shy-looking students to step closer." The surprised reactions of the students and teachers who attended and met Melania Trump were noted as well.

The FLOTUS' visit wasn't expected, according to CNN. She continued her visit to the 6th grade Viking Huddle Class, a class that supports positive emotional feelings towards others. The main objective of the classroom is intended for students in Orchard Middle School to promote respect and sympathy.

CNN quotes Melania Trump as saying "I always believe that you need to treat each other with respect and kindness and compassion, but also stay true to yourself. Just listen to your heart, but be yourself." Her quote has been appeared in various media outlets according to ABC News.

Melania herself has been involved with issues of inclusivity and social isolation,

namely concerning verbal attacks that her son Barron Trump has received. The eleven-year-old appeared as a focal point in a news story written by *The Daily Caller*, who negatively critiqued Barron Trump's clothes.

The article, titled "It's High Time Barron Trump Starts Dressing Like He's In the White House," was one of several derogatory remarks aimed towards him across a number of outlets. Chelsea Clinton came to the defense of Barron Trump on Twitter, which received a thankful reply from Melania Trump.

With a new campaign to stop bullying in schools, America will be watching Melania Trump in her endeavor to reduce the numbers of victims of bullying. As the USA continues to face challenges, Mrs. Trump wants to create a positive initiative that will aid children in stopping harassment in an educational setting. As the First Lady, she will be monitored by the media and viewers for the outcomes of her resolution.

Damage of hurricanes continue

By Caroline Ginder
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This fall, three hurricanes - Harvey, Irma and Maria - devastated countries in Central and North America, especially the United States. Hurricane Harvey damaged cities along the coast of Texas, largely affecting Houston. Hurricane Irma caused destruction to parts of the southeast United States, Puerto Rico and Cuba, and Hurricane Maria demolished Puerto Rico.

The death toll for Hurricane Harvey is at seventy-seven people. Many of these deaths were the result of harsh flash flooding. According to *The Washington Post*, winds reached 130 miles per hour and left Houston with enough debris to fill the Texas A&M football field 125 times. Hurricane Harvey set many records, including “the greatest amount of rainfall

over land for a single storm in continental U.S. history,” according to *The Weather Channel*.

Due to the extensive amount of flooding in Houston, the Centers for Disease Control and Prevention say conditions are ideal for a rare type of bacteria, necrotizing fasciitis. Necrotizing fasciitis, according to *Newsweek*, quickly “eats away at the body’s soft tissue,” making the pathogen difficult to combat and will easily kill.

In light of this disaster, there were many responders to the tragedy in Houston. For example, according to *CNN*, J.C. and Karen Spencer woke up to rising flood waters in their house. They were unable to operate their cars, and the 911 lines were on hold due to the vast influx of calls. So, they called Chick-Fil-A - like they did every morning to order their breakfast - and,

luckily, a store manager answered. After describing their situation, Chick-Fil-A sent people on jet skis to take the Spencers and some neighbors out of their homes.

In addition, schools across the country have helped in collecting necessities for victims of the hurricanes. The Loveland school district had a diaper and baby supply drive, and for incentive, the winning homeroom class received a pizza party.

In the high school, **Mrs. Koch’s** block two class of fourteen people won, bringing in a total of 130 items. **Mrs. Buck’s** second block class got second place with a total of eighty items. This is just one example of many efforts to help the hurricane victims.

Hurricane Irma started as category five, eventually making its way to a four, and finally a category one. According to *The Weather Channel*, the death toll stands at

seventy-three. Irma caused harsh winds and tornadoes, causing many schools to be out for weeks.

According to *Fortune*, Hurricane Irma and Harvey damages “may end up costing between \$150 and \$200 billion in damage and lost productivity.” According to *CNN Money*, Maria will cost Puerto Rico between \$45 and \$95 billion to rebuild. Fifty deaths have been linked to Maria, but there are reports of up to one thousand people dying from natural causes in Puerto Rico after the hurricane. Some think that these deaths are directly related to Maria, so investigations are trying to determine the legitimacy of these statements, according to the *Huffington Post*.

Though the immediate damage of the hurricanes is gone, the detrimental destruction will loom for years to come.



Photo courtesy of the U.S. Air National Guard

Houses in Port Author, Texas flood as Hurricane Harvey passes through. Hurricane Harvey’s death toll counts to seventy-seven people, the result of mass flooding.



Photo courtesy of NASA

Hurricane Irma blows through the Atlantic Ocean on September 6th. The hurricane’s death toll is polled to seventy-three people, resulting from harsh winds and tornados.

McDonald’s implements phone storage system

By Mihaela Manova
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McDonald’s has started to preach a new campaign to its customers, which has begun this fall in Singapore. This concept’s goal is to bring families to spend more time together, without having their phones to distract them. The biggest fast food chain will now provide containers for their customers’ phones to be locked away securely, in return for them to spend time with their loved ones.

Fox News released information about what station would look like. The container can be pictured as a transparent phone cubby station that will hold up to one hundred phones. Each cubby area has a door and a key for the safekeeping of one’s phone. Worried customers who have anxiety about leaving their devices in their posts will be informed of McDonald’s new policy.

Channel News Asia reports that staff members will overlook the station, in case their owners leave without taking their phones with them. The fast-food chain revealed that this feature will be of no charge to the customer and their order.

McDonald’s released a statement about their new idea saying, “This is despite [the fact that] most of the parents in the survey are saying that the use of mobile devices had decreased their interaction with their



Photo courtesy of Chrisloader

loved ones, and that they would like to be more disciplined in staying away from digital distractions during family time.” *The Entrepreneur* reports that McDonald’s Singapore held a survey about the use of cellular devices while dining with family. The results concluded that a 72% of children and 69% of adults that use their phones while having a family meal.

This new campaign, according to Twitter has been reported to be unsuccessful by surveyed customers. Almost all of the cubby doors have been left empty by their consumers. Their efforts have not stopped to spread the “Phone Off, Fun

On” message. McDonald’s second attempt issued a yellow sticker with a phone line on one corner of every table as a “resting area” for the clients’ phones.

“I think it is a good idea [because] some kids don’t get to hang out with their family very often and they could use this moment,” **William Gibbs-Heard (10)** said. McDonald’s representatives have said that they are receiving positive feedback from families.

According to *Channel News Asia*, “The fast food restaurant chain will be ‘actively gathering feedback’ from customers about the new initiatives” to see the possibility of spreading this action to more restaurants in the future. McDonald’s has a history in using this theme as ambition against excessive smartphone usage. *Mashable* reports that, in India in 2015, the company challenged their users to go without using their phones for entertainment, and then tweet about their experience. Their previous efforts were rejected by the public.

From 2015 to 2017, McDonald’s has shown optimism to continue their goal of tradition towards its customers from one country to another. To summarize, McDonald’s future is in the hands of its consumers, who will decide what will happen towards their next endeavor to spread positive messages.

News Briefs

By Alyssa James
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The deadline to submit senior yearbook pictures is Monday, December 4. The pictures must be vertical, full color, at least 10 megapixels, and must follow school dress code. They can be submitted on ReplayIt.com.

There will be a 2 hour early-release on Wednesday, December 6 for the purpose of Staff Professional Development. Students will follow the typical early release schedule and will be dismissed at 12:25 PM.

The December high school strings concert will take place on Thursday, December 7, at 7:00 PM in the high school auditorium.

The Show Choirs Holiday Event will take place on Saturday, December 9 in the high school auditorium. The shows will be at 5 PM and 7 PM.

CONTRA

Block Scheduling: keep, or change?

Block scheduling benefits students over A/B schedule

By Anna Svtkovich

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Ever since Loveland began using the block schedule, there have been complaints. However, it can be assured the complaints do not nearly occur as often as unspoken yes’s on the average day a high-schooler has.

With long blocks, a student is more likely to absorb the information given to them. It gives them a longer time to ask questions, and possibly start any homework. It also allows classes that involve (more) hands-on activities finish anything that is due within the block, without the hassle of cleanup. Those who argue for 45 minute blocks can have it - the block schedule allows for split blocks. As a whole, the block schedule has more pros than cons.

The block schedule is recommended by most American school districts. According to Owlcation, a site created by educators and experts on topics related to education, “block scheduling is more effective than traditional scheduling because it offers students more instructional time. With fewer classes and less time during the school day devoted to changing classes, students are able to focus and accomplish more,” It allows for every student to have more time, ask more questions, absorb more knowledge, and so better schoolwork.

Mrs. Chast (chemistry) stated she prefers block

scheduling. “Longer block schedule is ideal for science classes,” she said. “It allows me to go over homework, teach a concept, have students work with the concept and gauge understanding, and then reteach the concept if necessary, all in the same day. In this way, hopefully students have a greater understanding of the concept before they go home to practice it for homework.” For science teachers, block scheduling is logically the better choice, especially on experiment days, which would become ever longer without block scheduling.

“In addition, the 90 minutes gives me the time to explain a lab, have students perform the lab, and sometimes give feedback on the analysis of the lab in the same period,” Chast said. Students would waste time setting up at the beginning of class, and later cleaning up at the end of class that would prevent them from getting the most understanding out of the experiment; it would be cut short every day.

Not only could this happen in the sciences, but in other classes as well. For instance, in math, fifty minutes would barely allow for notes, and give no time for review, starters/ warm-ups, or the completion of tests. English teachers would barely have enough time to go over a chapter or give a pop quiz. Teachers would have to change their lesson plans to fit in review days, and students would be confused on their homework. This would end up changing and confusing everyone’s schedules to the point of no return.

It has been argued that hour-and-a-half blocks are too long to be good for a student’s attention span (not to

mention the time staying seated). However, the block schedule is designed in such a way that many students have at least one split block, so their day is not filled with long classes, which helps keep their attention span attentive..

The split blocks are all year-long classes that are half the time of a regular block. This gives students who are in classes such as yearbook or the paper time to continue their work all year long instead of only one semester. Also, this tactic helps students who are in Advanced-Placement classes split up projects, papers, and homework, so it’s not overwhelming, but still keeps their day standardized.

To continue, if AP students - or any student for that matter - were to have AB class scheduling, it would be hard for them to keep days straight. Unless one had a very organized planner, many students would forget homework, projects, and/or their test dates.

“I get a lot more value out of my classes when there’s more class time each day,” Megan Dakoske (11) said. “It’s nice to have enough time to take notes, complete assignments, and work on projects all in one class period. It’s also great to have plenty of time to take tests; I rarely ever feel rushed.” Dakoske went on to describe most AP classes as too challenging to handle if they were taken with seven other classes, even if those classes are spread over two days.

There has always been a debate against block scheduling, but it has been proven to help students learn and help teachers teach, based on reports from both students and school districts. Block scheduling is the most effective way and as a school we should continue to use it.

A/B day scheduling benefits students over block schedule

By Claire Wallace

@ccwallace4 | Staff writer

In recent years, there have been frequent news stories debating about how high school students learn best. These features range from later school day start and end times, to year round schooling, to optimal daily schedules. Experts have weighed in on all sides of these issues, without any real agreement on what the best practice might be.

One aspect of this discussion is how to best structure the schedules of high school students for optimal learning. Of the three most popular types of high school schedules - traditional schedules, block schedules, and A/B schedules - A/B schedules provide the most opportunity for effective learning.

The A/B schedule consists of a typical class load. The difference is that the classes alternate depending on the day of the week. For example, one week, math class would be held on Monday, Wednesday, and Friday, while the next week that same math class would be held on Tuesday and Thursday. The same organization is applied to other courses such as English, history, or chemistry.

The A/B schedule is similar to schedules found at many colleges and universities. With many high school students making the decision to go on to college, adopting the A/B scheduling system in high school would help them to have an easier transition when first starting their college classes.

Overall, the A/B schedule has more pros than block schedules and traditional schedules combined. Because of the alternating days, students have more time to absorb the information presented in class. The extra day between classes offers the students the opportunity to go over current topics at a slower pace, instead of rushing through

the material before the next day’s class just to get it done. This makes out-of-class study time more meaningful and better supports student learning.

Under a condensed block schedule, students are forced to juggle responsibilities - taking notes, participating in discussions, or doing projects, all while coming to class each day for new material. While students are encouraged to ask questions, many students choose not to because they have not had time to absorb the information properly. In other words, students “do not know what they do not know.”

Another benefit to the A/B schedule is that students have extra time to study for tests. On the day before a test, classes often spend time going over a study guide with the teacher. While this can be very helpful to students, under a block schedule, the students only have one more night to review for the test. However, under an A/B schedule, the students have at least two nights to cover the topics. This offers more time for the students to focus on studying and allows them to go over topics they are shaky on.

Additionally, on the A/B schedule, students have an extra “free” period, such as a study hall, on one of the two schedules days. During this period, students have time to study and work on homework. Students at some schools can also utilize this free time to finish any tests or quizzes that they did not have time to complete during class.

Under a block schedule, finishing a test or quiz is more difficult. This is because students would likely have to miss some of their next block or lunch or have to stay after school to complete the work. This can be particularly inconvenient for those involved in extracurriculars with mandatory practices or attendances. It can be especially difficult for high schoolers unable to drive and must arrange for a ride home from a friend or family member. .

“I like [the A/B schedule] because I can get most of my homework done, finish any tests/quizzes and talk with other people to get help with my work,” says Kennedy Cobb (10), a student who attends a Florida school with

the A/B schedule. This is the first year that her school has used the A/B schedule, and it seems that students and staff are both enjoying it.

The A/B schedule is similar to the block because it allows for longer class times. Here at Loveland, teachers have time to give notes and also do a worksheet or activity

The A/B schedule consists of a typical class load. The difference is that the classes alternate depending on the day of the week.

that reinforces what was just learned. In the A/B schedule, the longer class times allow teachers and students to do the same thing. “The teacher usually teaches a lesson and then does an activity to go along with it. This helps me understand the lesson better,” says Caraline Cobb (9), a student whose school utilizes the A/B schedule.

Occasionally, there is time to begin homework, so students have additional time to ask the teacher for clarification on a subject or to get any questions answered. The difference between the block and the A/B schedules is that with the A/B schedule, this occurs every other day, instead of every day.

Overall, the A/B schedule allow for maximum student learning thanks to longer class times, increased time between when classes meet, and more time for independent study. This allows for more free time that students can use as they please, such as studying or relaxing. Instead of rushing through homework every night, students can have more time to explore subjects, study for exams, and possibly even some time to relax. It pushes students to become better versions of themselves, in their school life, extracurricular life, and in their personal lives.

Debating Thanksgiving

Going Deeper into the meaning of an American holiday

By: Courtney Kirby

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Thanksgiving Day brings about food, family and reflective spirit. But, for many it is a reminder of the genocide the Native Americans faced when the colonists were taking over their native land. While Thanksgiving has the facade of celebrating what the year has brought you, the story behind Thanksgiving is starting to spark much controversy. A growing number of people in America are calling for an end to the national holiday, and as that number grows, many are also sticking up for the day.

Thanksgiving was celebrated for the first time in 1621 by settlers known as the Pilgrims. After voyaging over from England on the Mayflower, the settlers had trouble being able to grow their own food, which resulted in the deaths of many in the group. Eventually, some of the settlers were able to build positive relationship with the Native Americans who lived nearby. These Native Americans helped the Pilgrims learn how to grow and harvest food in their new environment, so much so that the Pilgrims were able to have a humongous feast at the end of harvest season. They invited every settler and many from the Wampanoag tribe that helped them to make such a big feast. They called the feast Thanksgiving and celebrated for three days.

Since 1621, Thanksgiving is now only a single day

celebration, celebrated across the United States. It became a national holiday during the Civil War, in 1864. For the average American, Thanksgiving Day is spent eating, watching football, tuning into the parade and spending time with family and loved ones. The average Thanksgiving Day meal tends to include turkey, gravy, stuffing, sweet potatoes, cranberry sauce, green bean casserole, pecan and pumpkin pies, but has the option of being eaten at lunch, dinner, or even both. The point of the day is to reflect on



the past year and everything you have to be thankful for. “I like Thanksgiving because it’s a great time to spend with family, eat great food, and just get a break,” says **Joey Kapszukiewicz (9)**. Many in the U.S. enjoy Thanksgiving because it is a time that they can reconnect with old loved

ones, eat without limit and look at what the previous year has brought. The majority of Americans feel this way, but there are some who are beginning to speak out about what the history behind Thanksgiving can really imply.

As we progress into the modern era, where it is becoming more likely for minorities to have a platform to speak out, many in the Native American and allying communities have spoken out about the wrong message given through Thanksgiving. While the idea of the holiday is accepted, the events that caused it to form is becoming less and less accepted. With the exception of a select few, many of the European settlers were pushing the Native Americans out of their homes, stripping them of their belongings and beliefs, or killing them. Thanksgiving turned from being a celebration of what the settlers were given to a celebration of the land they took and the lives they destroyed. One anonymous writer online compared celebrating Thanksgiving with celebrating the Holocaust, given that they both represented the massacre of thousands of innocent people.

Whether you think that Thanksgiving is a blessing or an inaccurate memoir to the relationship between the colonists and the Native Americans, one can be positive that turkeys will line the aisles at the supermarket come the middle of November. But, before you put on your bib and grab the biggest spoonful you can get, think about what that bite could symbolize and what it means to you.

football, family, and food; classic Thanksgiving traditions

By: Claire Krabacher

@c_krabacher | Staff Writer

Relaxing with family, watching TV, and eating more food in one meal than one would normally eat in an entire day are what many people associate with Thanksgiving. Families get together to create new traditions and carry on old ones. However much Thanksgiving may feel to some like a precursor to Christmas, Thanksgiving has its own traditions that make it unique and many students’ favorite holiday.

Although the Christmas season brings typical holiday programming, the Thanksgiving season brings also classic traditions like the Macy’s Thanksgiving Day Parade. The lineup is complete with floats, performers, and novelty balloons; the famous parade draws twenty-two million people to tune in each year, according to *Forbes*. The first Thanksgiving day Parade was presented by Macy’s in 1924 and took place in New York City. It has been televised nationally by NBC since 1952. It is the world’s largest parade and ties America’s Thanksgiving Parade in Detroit for the position of second-oldest parade in the United States. The parade route is 2.65 miles long and lasts about three hours. Macy’s says the 2017 parade is set to take place at 9 AM Eastern Standard Time on November 23.

Watching football is another activity that many people look forward to on Thanksgiving day. Historically, the Detroit Lions and the Dallas Cowboys play games on Turkey Day. *Sports Illustrated* says, these teams originally started playing on Thanksgiving in order to increase viewership and game attendance. On the NFL website, it states that the Lions will take on the Minnesota Vikings

at 12:30 PM and the Cowboys will play the Los Angeles Chargers at 4:30 PM. A third game, between the New York Giants and the Washington Redskins, will take place at 8:30 PM. Granted, there are sporting events that take place on and around Christmas, the tradition of football on Thanksgiving is iconic.

All traditions and activities aside, the food on Thanksgiving is the focus. While Christmas brings some delicious food, Thanksgiving cooking is superior because of the amount and variety of dishes. The actual Thanksgiving meal looks different for every family, but usually consists of a turkey, mashed potatoes, and dinner rolls. According to CNN, each person consumes an average of 4,500 calories on Thanksgiving. Thanksgiving is recognized for its specialty dishes such as stuffing, cranberry sauce, and sweet potatoes.

According to *The Daily Meal*, the most popular side dish on Thanksgiving is mashed potatoes. Approximately five pounds of mashed potatoes are eaten per person, all before dessert. Pie is also a trademark of Thanksgiving, the most popular flavors being pumpkin, apple, and pecan. However, other flavors have been growing in popularity in recent years, such as strawberry, cherry, and chocolate.

Everyone can admit to listening to a little Christmas music before December, but don’t forget to enjoy Thanksgiving before the holiday chaos of Christmas season begins. All traditions and activities aside, Thanksgiving is a holiday for spending time with family and giving thanks. Although Christmas is right around the corner, Thanksgiving and all of its pieces should not be overlooked. It has its own unique traditions separate from Christmas that make it an exciting holiday and a hallmark of fall.



Photo Courtesy of Anthony Quintano, Flickr
The Macy’s Thanksgiving Day Parade Celebration is filled with laughter and confetti. It is held every year on the morning of Thanksgiving



Courtesy of www.jplimeproductions.com/turkeys-lions-and-cowboys
A fan of the Dallas Cowboys cheers on her team on Thanksgiving. The Cowboys and the Lions play on Thanksgiving every year.



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Sincerely, Sarah: Don't give up on your family cold-

By: Sincerely, Sarah
@lovalandroar | Staff Writer

Awkward situations are inevitable sometimes; they are unavoidable and can be detrimental depending on the way you choose to respond to them. That's why I'm aiding you in this hard situation: Thanksgiving dinner with the family. Through my advice, it will help you avoid roasting more than just your turkey this year. Thanksgiving is a holiday and time of gratitude usually spent with the closest people to you with your family. If there is one thing that you and I have in common, it's probably that our families are a little bit crazy. There are plenty of Thanksgiving stereotypes that you may encounter this holiday.

There is, first of all, the nosy aunt. All she wants to know is exactly what you are doing with your future and everything that it entails. This is when you need to be strong and put your game face on. You can't let her know that you don't have your whole life figured out yet, whether that be where you are going to college, what career you want to have, and ultimately where you're going to be the next few years. You can't fall into the trap - do not let her know too much. Trust me, it will only open more opportunities for her to badger you into figuring out your entire future. Remain calm and only allow her to know that you're still "pondering the endless opportunities that are in the world."

Another common distressing situation was asked about by a friend: "My uncle and my grandpa have different political views. What is your advice for handling this situation?"

I would most definitely say that politics can sever relationships between family members. The best way to approach this situation is to make sure your uncle and your grandpa are always as far away from each other as

possible. Also, make sure the news is never on the TV. That could spark some tension.

If you see that they are even in the same room together, start a conversation with one of them to deter them from starting any altercations. While chatting, peek into his cup to ensure that he has not had too much to drink, if you know what I'm getting at. That could definitely cause the situation to deteriorate (even more). These may seem like extreme measures, but trust me, you will want to take these necessary precautions in order to preserve whatever peace and tranquility there is on Thanksgiving.



Photo Courtesy of J Lloa

If it is not politics that is causing trouble at the dinner table, it is probably the food. The dinner table should be a safe place to relax and enjoy your meal. In order to do this, steer clear of making remarks or comments about the food unless they are irrefutably positive. Somehow your words will become twisted and Aunt Karen will turn your harmless compliment about how her mashed potatoes were soft into believing that you absolutely hated them.

If, say, there are lumps in the potatoes, suck it up and

don't mention it. Snarky comments will ruin your chances of a decent Thanksgiving dinner. Prevent others from making comments as well because a fight could ensue as a result. Quell any disturbances, do not be defensive, and do not correct the other person. It is not worth it. Simply ignore him or her and change the subject fast. Hopefully, the others will get the hint.

Also: don't. Tell. Jokes. This is yet another way to cause commotion. Even if you may find your joke funny, there is a good chance that it will offend someone else. Even worse, do not joke about controversial topics or be (overly) sarcastic. Also, make sure not to gossip about anyone. You never know the relations between certain people. Don't assume that just because someone said they are not friends with another person anymore around last Thanksgiving, doesn't mean they didn't become friends with them again this year, or vice versa. There should be no drama at Thanksgiving. If someone else is gossiping, quickly change the subject.

One of the most important tenets from the Thanksgiving dinner Bible is to never discuss someone's age. There are more than likely some older folks at the dinner, and having a conversation with them about a touchy subject like age may not be the best idea. It will make them feel unwelcome because they're too old. Let them try to fit in with the young crowd, even if seeing your dad trying to dab is a huge eyesore.

I hope that you have found these Thanksgiving dinner tips helpful; I know these have saved me in times of desperation. Maybe now Thanksgiving won't be so dreadful after all.

Sincerely, Sarah

Loveland High School makes efforts to reduce paper usage

By: Sam Greenberg
@samhgreenberg | Staff Writer

As high school students, we use a lot of paper. From loose leaf to notecards, there seems to be no shortage of paper circulating LHS. Even in 2017, when technology is easily accessible, some teachers still pass out extreme amounts of paper.

Swimming in seas of paper can be frustrating for students, especially when

“Loveland averages 10,000,000 copies a year across the district.”

it comes to organization. Dragging and dropping files in your Google Drive is effortless, and a far superior alternative to the disarray of a binder.

The amount of paper used throughout the district undoubtedly poses a financial burden. According to **Brett Griffith (Treasurer/CFO)**, Loveland averages around 10 million copies a year across the district. That amounts to around 50,000 dollars spent per year on paper alone. If the school uses less paper, they could free up more space in the budget for other things we may be lacking.

Along with the copies and copies of paper, comes printing. And if you are familiar with printer ink, you know it is certainly not cheap. Around 65,000 dollars

is spent on printer ink and toner per year.


David Knapp (Director of Technology and Innovation, Loveland City School District) says, “As the school district continues our investment in digital resources, both in the devices that students and staff have access to, as well as the digital programs we use for teaching and learning, we do hope that we start to see less and less paper being used.”

The district is trying to combat paper usage. For example, Loveland adopted the One-to-One program in 2015. In this program, Loveland students received chromebooks for school. Despite every LHS student having a laptop, why some teachers still hand out copious amounts of paper is puzzling. “As with any change and all things “new” though, there is always a learning curve associated with things,” Knapp said.

Of course, paper still has its place in the classroom. “There are definitely some lessons where having pen, paper, markers, etc. are more appropriate than a computer, and the same could also be said otherwise,” Knapp said, “ultimately, the tools that we are using to learn should support our learning goals and the needs of our students.”

Teachers should cut down on the unnecessary use of paper. Trying to manage a binder full of sheets of paper is inconvenient for students. Lots of money is spent on paper and printing. If the district, starting with teachers, decrease paper usage, the district could money that could be spent on other materials that may be lacking.






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Play production delivers “exquisite” performance



Photo courtesy of Loveland High School Drama

Gabe Moss (12) and Luke Rohling (11) act out their respective roles as Quasimodo and Frollo in the Hunchback of Notre Dame at LHS. This production of the story was the first of its kind to be performed in the state of Ohio.

By Sam Aldrich
@samaldrich7 | Staff Writer

As the house lights dim, the room fills with the soft blue glow of the orchestra’s lights. Soft murmurs fill the air before fading out into silence. Low voices come from behind, slowly moving forward as hooded figures come into sight. Loveland High School’s productions of the *Hunchback of Notre Dame* begins as the curtains draw, revealing a gorgeous set full of a figurative chorus of characters.

The story began with a heart wrenching backstory of our main characters Quasimodo, played by **Gabe Moss (12)**, and Frollo, played by **Luke Rohling (11)**. Quasimodo was the son of Frollo’s deceased brother and his gypsy lover, resulting in a superficial deformation of his body and face that repulsed those around him. Frollo, member of the clergy in the church of Notre Dame, took him in as an infant but locked him away, claiming to serve as protection for the boy. They brought the story to life, regaling the audience with a tragic tale in the city of Paris, underneath the bells of Notre Dame.

The play continued to captivate as it told the story of outcasts and gypsies, churches and bells, soldiers in flowing capes. The actors’ phenomenal performances enhanced the story as they took on the personas of the French misfits.

In addition to the performers, the hard work of those serving backstage helped draw the audience into the story. The set pieces were magnificent with two-story structures,

intricate stained glass, and other extensive details hanging about the scenes.

The series of bells that descended from the ceiling helped transform the space into Quasimodo’s world above the city. Within the scenes, the work of the lighting crew helped take the scenes from lighthearted fun of the gypsies to a place straight from hell as Frollo took on an even darker side.

The flowing costumes of the gypsies paired beautifully with their entrancing dances, creating an alluring whirlwind of color as they moved across the stage. The strict uniforms complete with flowing capes created a sense of rigidity in the soldiers, but kept the sense of movement about them, especially as Phoebus, played by **Daniel Eilert (11)**, waltzed through the gypsies. The show’s makeup brought a new light to many of the characters, despite Quasimodo’s occasional resemblance to members of the rock band Kiss. The efforts of these back stage members created an atmosphere through its exquisite visuals that complemented the work of the actors.

The musicians were phenomenal, helping the audience to embrace the mood of the story wonderfully. The music brought gypsy life to the stage and helped create dark, ominous feelings around Frollo. Their efforts helped bring a new dimension to the story, creating the ambiance of Parisian life.

The students portraying the main characters did fantastic jobs of creating their characters. Moss, as Quasimodo, created a loveable character that the audience was cheering

on all the way, hoping desperately that he would succeed in evading the malicious efforts of Frollo. On the other hand, Rohling portrayed in Frollo a man larger than life, inspiring fear and hatred in all those watching. Rohling, who has done many humorous roles in the past, embraced the new role with purposeful malice, and his depiction of the complex character translated beautifully on stage.

Lily Morris (12) played the daring Esmeralda, an enchanting gypsy full of defiance who took a stand against the church to defend her people. Morris was bold and enticing, and her captivating voice carried the struggle of her story across every person watching. Her love interest, Phoebus, provided a sense of redemption in the play as he gradually learned to embrace the treacherous gypsies and reject the ways of the church.

Eilert did a fantastic job of showing this transition from strict military life to a more daring and defiant one. His flirtatious nature brought a sense of humanity to the show as he seemed to enchant every girl on stage. His character was a break-away from the harsh realities of their world to embrace some rest and recreation. This combination of actors carried the audience through the storyline phenomenally, ensuring that the audience remained on the edge of their seats until the very end.

This production of the *Hunchback of Notre Dame* was wonderfully executed as the efforts of the drama students came to life on stage over the series of a few hours. The program lived up to their legacy of excellence, lighting the way to promising future productions.

Second season of *Stranger Things* proves even stranger

By Anna Svitkovich
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For those who don’t know, the new season of the award-winning, fantasy-science fiction drama *Stranger Things* premiered the Friday before Halloween, rocking the world of Netflix watchers everywhere. It follows the children of Hawkins - specifically Will Byers - who spent the entire first season stuck in the so-called “Upside Down,” a different dimension filled with gross and slimy creatures of all sorts. With Will back, the story is more about the “Upside Down” coming to Hawkins, rather than the people of Hawkins trying to go into the other dimension.

To recap the first season, the other kids (Dustin, Mike, and Lucas) formed an unlikely team to find Will, that consists of older siblings, parents, a cop, and a girl with telekinesis, strangely named “Eleven.” The first season ended with Eleven gone, Will having barfed up a slug, and the cop, Jim Hopper, getting into a mysterious car.

A strange promo for *Stranger Things* premiered during the Super Bowl, opening with an old “leggo my Eggo” commercial. This shocked fans because the Eggo waffle is one of Eleven’s favorite treats, meaning this was a nod to her character returning, even though she was supposed to be stuck in the “Upside Down” dimension. The commercial also contained a strange shadowy monster lurking in the sky. As it turned out, the promo was an exact match to the new season.

Throughout the next nine episodes, the viewing audience face three major storylines, Eleven’s character development, the new monster’s connection to Will, and the love-hate triangles between all the developing couples on the show. For starters, many will be overjoyed that the writers have included Eleven’s backstory as much as they did in this season. They managed to explain her life by introducing new characters and new ideas to Eleven as well as the audience. Another thing that was well done by the writers was the relationship between Eleven and Hopper.

They were a perfect match for each other seeing that Eleven has no real family, and Hopper lost his daughter to cancer.

The actors (Millie Bobby Brown and David Harbour) continuously flooded their own characters with passive energy whenever they were in a scene together. This was stupefying to watch because the energy was so intense and rebounded back and forth between the two, until the scene was finished. The second season really focuses on Eleven’s journey to find herself and her family.

The ultimate relationship on the show, however, is the one between Will and the strange new monster. It is named the “shadow-monster” and creates a much bigger threat than one measly demogorgon would. Will’s connection adds a very unique factor to the show, and leads to a sympathy from the audience for the “Upside Down,” because we begin to understand it just a little more. The acting that Noah Schnapp delivers is incredible, as he displays his possession perfectly, without the help of machines and using

barely any special effects.

In conclusion, the writers, director, and actors, did some amazing work on the second season, displaying exceptional uses of symbolism, irony, and other metaphorical tools. Everything was amazingly disturbing, and undeniably strange.

Of course, the show is confirmed to have another season, but sadly, it will most likely not be released until 2019. The writers have stated there will be a time jump, probably meaning the younger characters will be starting their first year of high school. The writers have also stated that they are confirmed for a season four, and hoping for a season five.

If you would like to continue your ascent into the world of *Stranger Things*, you can bet the cast will most likely be attending the Golden Globes this year, as well as the SAG Awards. You can also catch up with them on their respective social media. *Stranger Things* seasons one and two, as well as *Beyond Stranger Things* are available on Netflix right now!

Gray Thursday entering prominence

By Caroline Ginder
@carolineginder7 | Staff writer

Traditionally, Thanksgiving is a day to kick back, eat good food, and spend time with friends and family. Then, the next day, on Black Friday, you wake up early and shop for the big deals. It is essentially the Super Bowl of shopping. However, in the past few years, a new tradition has sparked on Thanksgiving - Gray Thursday.

It's quite noticeable, whether on television or online: "Store opens 4 PM on Thanksgiving evening!" In hopes of more revenue, stores have been opening earlier and earlier on the morning of Black Friday, even extending opening hours to be on Thanksgiving day itself. This concept has sparked controversy amongst commercial and marketing industries. Is it right for stores to open their doors on Thanksgiving?

On Black Friday, stores draw in customers with enticing sales and more affordable deals compared to the rest of the year. The day was built upon this idea, making it a great sales day for retailers across the country. The fortunate date of Black Friday alone is a benefit. Because it is toward the end of the fiscal year, these sales and the increase in revenue helps employees reach their sale goals. Also, most people are given the back end of Thanksgiving week off, which works in the favor of companies because more people have time to shop and spend money.

On Thanksgiving Day, 2012, retailers like JCPenney, Walmart, Best

Buy and Sears opened as early as 5 PM. It angered hundreds of their employees, most demanding Thanksgiving day off. This power grab, though, however unnecessary, was inevitable. In the previous year, stores had been opening at 12 AM on Black Friday and, though controversial, stores took the next step of by opening on Thanksgiving day. According to the International Business Times, this was nicknamed Gray Thursday because Black Friday was "bleeding" into Thursday.

"I don't think stores should be open on

Thanksgiving day because the employees would have to be there and maybe work extra hours," Meghan Tibbs (9) said. "That's not fair to them because they should be able to spend one of their few holidays with family and friends. I also feel like there wouldn't be enough people to support Gray Thursday. Who wants to go shopping when you could be eating great food and celebrating Thanksgiving with family?"

"I think that people should have at least Thanksgiving day off and spend time with

their families," said Emma Sartain (10), "I don't shop on Black Friday, but it has become an American tradition and apart of Thanksgiving that helps kick off the spirit of Christmas."

These are common opinions. Many believe that Thanksgiving is a holiday and a day of rest, and don't think that working on Thanksgiving is necessarily appropriate.

How much are stores benefiting from being open on Thanksgiving? According to *Fortune*, stores that open on Thanksgiving day can have a profit margin of up to sixteen percent for the long weekend, while stores with the same sales volume may earn much less when closing for Thanksgiving. With this information, it is clear why many retailers stay open.

Some retailers have heard the controversy associated with Gray Thursday and have pushed back their opening times to Friday, but will they be at a disadvantage? It is a snowball effect: once one retailer opens their doors earlier, consumers will shop for deals there. So, for more competition, other stores open earlier.

Gray Thursday increases revenue for retailers, and so is not likely to disappear anytime soon. But it does not come without controversy when considering employees have to work on Thanksgiving day because of it. As of now, Gray Thursday does not diminish the hype of Black Friday, but in years to come there may be a decline of Black Friday deals.



Photo courtesy of Powhusku

People line up at storefronts for Black Friday, some rushing. This was a common scene on Gray Thursday as well, which has arose into greater prominence in recent years.

#FallFashionista



Photos courtesy of Amy Geiger



Courtney Kirby
Staff Writer | @Court_Kirby

Here, Amy Geiger (12) shows off her style in her senior pictures. Gladiator sandals have proven to be a big 2017 favorite in the fashion world, seen on celebrities such as Kourtney Kardashian. Off the shoulder tops have also been a favorite this year, as seen both in pop culture and in students' everyday wear around school.

A Weekend With Wanstrath

By Sam Greenberg
@samhgreenberg | Staff writer

Despite what some students may think, teachers are human too. With that said, here is a look into the weekend of 10/28 of LHS history teacher Alex Wanstrath:



After having just moved into a new house, Mr. Wanstrath and his wife went out and bought a new couch on Saturday. Mr. and Mrs. Wanstrath went to Macy's and got a gray sectional. "I definitely go for comfort over aesthetics," Wanstrath said about his priorities when shopping for furniture.



Photos Courtesy of Macy's

Mr. Wanstrath and his wife also watched a few episodes of Netflix's science fiction thriller, *Stranger Things*. "My wife and I really like the second season. We are big fans," the history teacher said.



Photo Courtesy of Netflix

On Sunday afternoon, Mr. and Mrs. Wanstrath went down to Paul Brown Stadium to watch the Bengals play the Colts. The Wanstraths saw a good one, with the Bengals just edging out the Colts 24-23!



Photo courtesy of Alex Wanstrath

Best french fries in Loveland area

By Kayla Gibbins

@lovelandroar | Staff Writer

In today’s world, we are surrounded by options for fast food. According to *Burger Web*, the fast food industry is a \$73 billion dollar industry, so it can be difficult to decide which restaurant to patronize. One element of the classic burger joint that separates the good from the great is the quality of its french fry. A good french fry can complement the burger perfectly, but a sub-par potato can put a damper on your meal.

With so many options available, it can be tough to decide which potato to purchase. I set out to try fries from seven local fast food establishments - all of which can be found off of Fields Ertel Road - and rate them based on their texture, saltiness, flavor, quality of packaging, as well as an overall rating, all done on a scale of one to five.

7) Wendy’s

Number seven on the list is Wendy’s classic straight-cut french fry, which costs \$.99 for a value size. These fries receive a two for texture, because, while there was the occasional perfect fry, the majority had a very inconsistent texture, ranging from soggy to burnt in the same cup. The salt content was essentially nothing, and the fries desperately needed added salt packets, leaving them with a one for saltiness. They received a two for flavor because, while the flavor wasn’t good or bad, it left a lot to be desired. It did not measure up to the other samples at all. The cute, classic Red Wendy’s package earned them a three, because, while it wasn’t the most creative, it was effective for a restaurant with the subheading *Old Fashioned Hamburgers*. All things considered, Wendy’s received a two star rating, putting them at the bottom of the list.

6) Burger King

Following Wendy’s very closely is the Burger King straight-cut fry, which cost \$1.39 for a small size. These fries receive a three for texture because they were neither soggy nor crispy, but they were slightly tough. You could tell there was salt on these fries, but it still left a craving for more, earning them a two for saltiness. The flavor was better than expected, and I could definitely taste a strong potato-y flavor, earning them a three in this category. Their packaging was one of the best of the seven, with a cartoon mouth sticking out its tongue - a cute and effective way to present the product, all with minimal grease stains. This earned them a four for packaging, putting them ahead of Wendy’s. Overall, the BK fries receive a two-and-a-quarter star rating.

5) KFC

The next potato on the list may technically not be a french fry, but the KFC potato wedge provides a different take on the potato that earns it a spot on the list. The small size of this potato wedge costs \$1.99. Unfortunately, the batch I received was a little crispy, so this sets their texture back to a two. They weren’t classically salty, but the flavor made up for this, so they receive a 3 for saltiness. Their

flavor was very typically KFC spiced but was excellent, earning them a four in that category. Their packaging gets a three because it was a traditional KFC design and, while not very creative, was durable and functional. Overall, these unique potatoes received a three star rating.

4) Arby’s

The Arby’s curly fry is a staple of the potato industry; a small will cost you \$1.89. They received a three for texture because it was good, but there was some variety and occasional toughness. As with the KFC potato wedges, there is a distinct lack of salt, which earns them a three in that category, but they receive a four for their unique and delicious flavor. The packaging fell flat, receiving one star for the plain white package that bore a large number of grease stains in addition to the Arby’s logo. These attributes leave Arby’s with a rating of three stars overall.

3) Chick-fil-a

Taking the bronze medal of potato is the Chick-fil-a waffle fry, which costs \$1.55 for a small size. This fry’s texture earned a three, because it was a solid consistency, though a bit more crispiness would have been appreciated. The salt receives a three and a half, because it was better than the others, but could have been improved upon. Flavor earned these fries four stars because they were good and consistently satisfying. Packaging was knocked down to two stars because the design was simple, bland, and lacking in functionality. Overall, these uniquely cut fries received a rating of four stars.

2) McDonald’s

America’s golden arch takes second place with their shoestring potatoes, which cost \$1.39 for a small size. They receive a four for texture, because the fries’ crispy outside and fluffy inside balanced quite well with each other. Their saltiness also get a four, because it is consistently good, and a good feature of the establishment. They received a three for flavor, because it is not the most exceptional, but can be best described as pretty solid. Their packaging receives a two, because it is functional, but still only the traditional design. McDonald’s final rating is four stars.

1) Five Guys

Topping this list of fries is the cup of straight-cut fries from Five Guys. Their texture receives a four, because they are intentionally greasy, but they do have a very fluffy inside. They triumph in the category of salt content, receiving a five for their satisfying and visible salt portions on their fries. Their flavor earns them a four in that category because they had a strong potato flavor. The restaurant’s only weakness is the packaging, because while it provides much-loved extra fries in the bag, it is just a simple white cup. Overall, these fries receive a four and a half star rating, making them the champion of this ranking list.

Ultimately, each of these fries had its own strengths and weaknesses, but the winners stand out from the rest. Of course, everyone has their own preference when it comes to potatoes, so hopefully this list provides some assistance in finding your new favorite fry, and here’s to hoping I don’t get hypertension from tasting all of these fries.



Photo courtesy of Jay Reed

As the only waffle fries on this list, Chick-fil-a certainly proved that waffle fries should not be forgotten. They placed third.



Photo Courtesy of Sasaki Time

McDonald’s french fries were ranked second. They are consistently a teen favorite.



Photo courtesy of Ron Dollete

Five Guys french fries received an overall rating of four and a half. The raters enjoyed how there were lots of fries leftover in the bag.

Cereal review: chocolate peanut butter cheerios

By Grisha Tackett

@TheRealGrishaT8 | Staff Writer



Photo by Grisha Tackett

General Mills has recently dropped their newest variation of the classic, iconic cereal, Cheerios. The new flavor combines the generic Cheerio with the classic peanut butter, chocolate flavor. Originally released in 1941, Cheerios have become a staple in the American household and here to stay. Walking into the store, I didn’t know which to pick, but then this particular one caught my eye. I knew I had my cereal and I picked it up and threw it in the cart.

When I got home, I opened up the box and carefully poured the proper serving amount into my bowl. When I poured my milk, I kept a 2:1 cereal to milk ratio. As a man who likes his cereal crunchy, I made sure to eat it right away. When I tasted the first bite, my mouth was filled with all sorts of flavors. The first, overwhelming taste was the peanut butter. It eclipsed the chocolate flavor and it took a few spoonful’s to get a taste of it. When I finished my bowl, I was left somewhat disappointed and dissatisfied.

I give this cereal a 2 out of 5 stars. The bottom line is that the cereal was just bad. Peanut butter and chocolate is a combination that works well but in this cereal they were off. The peanut butter tastes nothing like the authentic spread. My taste buds were overwhelmed and wanted to spit it out. The flavor was bitter and it tasted expired. It tastes like peanut butter was left out overnight and then put in the cereal. The chocolate was alright but it wasn’t sweet at all. The aftertaste of the cereal is not pleasant at all either. It is a weird mix of both the peanut butter and chocolate mixed with stale cheerio that you’ve left in your pantry for months.

My overall advice for those wanting to get their hands on the newest drop from General Mills is to skip it and grab some Reese’s Puffs. The cereal was sub-par and didn’t live up to my already low standards when it comes to cereal. Cereal is simple and cereal companies should just stop releasing all these flavors if they are going to be bad.

Middle school girls cross country wins state

Madeline Crowley

@madzcrowley | Staff writer

The Loveland middle school (LMS) girls cross country team earned the title of State Champions at the State Junior High Cross Country Meet in Dublin, Ohio, on October 22.

Running for the girls were **Jessie Gibbins (8)**, **Maaike Snider (8)**, **Sarah Madix (8)**, **Ally Colegate (7)**, **Ellie Zicka (7)**, **Lindsay Dwyer (7)** and **Bella Dillhoff (8)**. Gibbins, Snider, and Madix placed in the top 15th overall.

“I am so excited to win the state trophy,” Snider said. “Thank you to the coaches and parents for everything. It has been a great season!”

“We are extremely excited about both of our cross country teams at LMS,” **LMS principal Chuck Ogden** said. “These student-athletes have gone above and beyond in the classroom and on the field of competition! They are true examples of our building’s four core values: grit, rise, innovation and leadership.”

The middle school also had a “spirit walk” dedicated to all cross-country and volleyball, in honor of the strides they made this season.

“It has been an amazing season running with all my friends!” Dillhoff said. “It’s



The girls team competed in the Middle School state meet held at Groveport High School near Dublin OH. The boy’s team, who raced aswell, placed ninth at their state meet.

surreal to me that we won state. I’m going to miss running with these girls!”

The girls’ team had many successes before their state meet. They had many first place meets such as the Ross Invitational, Milford Invitational, Kettering Invitational, and more.

The boys cross country team also placed on top many times this season placing ninth at the state meet. Running for the boys were **Gabe LeGouellec (8)**, **Ryan Chevalier (8)**, **Carter Jerome (8)**, **Aaron Schuetter (8)**, **Andrew Waple (8)** and **Sam Neiger (8)**.

“Coach Steve Federman and Coach Carol Adams, along with all of our LMS Cross Country Coaches do such a great job working with, training and developing our runners and student-athletes,” **Loveland district Director of Student Athletics Julie Renner** said. “They start way before our kids join the LMS Cross Country Team. They get them excited during Runners Club in the elementary and intermediate schools” Renner said. “The success of our seventh through 12th grade Girls and Boys Cross Country programs are due to the hard work and dedication of so many who are role-models for our kids, in building up the sport not only as competitive but also as a life-long activity for our student-athletes.”

Coach Todd Kelly discusses reasons for success

Caroline Ginder

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The Loveland Women’s Varsity soccer team has made a name for themselves. In the past couple of years, they have gone to State finals in Columbus, gone to regionals and won district titles. They have also won the Eastern Cincinnati Conference multiple times. This current team holds the regular season record of 15-1-0, with only three goals scored against them.

Coach Todd Kelly has been Loveland’s women’s varsity head coach for twenty-one years and has coached in the program for twenty-three years. He was introduced to the program in 1995, when his cousin, Mr. Jeff Geiger, asked him to coach the JV-A team. He was recently married and agreed to coach for a year until they could find someone else, he joked saying, “This has been the longest year on record.” He stays coaching because wants to reach the highest potential for this program, which is the State title. He loves to teach young people to seek their fullest potential. “... My Faith in God is my priority in life followed by my family, so it also continues to be a ministry where I try to be the best role model I can in helping young women know there is a greater purpose for what they do.” Kelly said.

Kelly coaches with the philosophy that teamwork and sportsmanship are the major components of success.

“If it is team first, a group of individuals can accomplish anything because they have a common goal and are fighting unified for the same thing.” he said. He breaks it down as so: “Teams with fantastic players that are “individuals” might have some tremendous individual success and even experience some team success, but the key always seems to be the support players and them accepting their role.”

One of his favorite quotes comes from Raghid Ismail, a former NFL player: “It is more important to be significant than it is to be successful...the difference

his best efforts were not good enough,” [he] congratulated my opponent and got back to work to make myself better and put myself or my team in a position to change



Photo courtesy of Zach Reichman

is that significance is all about helping others succeed, success is about helping yourself.” This is the mentality, Kelly says, for a team to be successful.

Sportsmanship is crucial in a sports setting, but also necessary off the field. “We win with class and we lose with class.” Kelly said. The concept of sportsmanship was instilled in Kelly from a young age. He was always taught to do his best and when that was good enough, “... then I reaped the fruits of my effort.” and when

the outcome the next time.” Overcoming adversity is a common topic discussed in the women’s soccer program; Kelly says, “... it all boils down to how you want to be remembered when things were going your way and when they weren’t.”

Kelly credits some of the heightened success of this program (and other programs) to the new weight room. “The off season is where the success really begins,” he said. The women’s soccer

program utilizes the weight room and the knowledge and help of the Strength coaches. The hard work is seen through the many hours spent lifting, playing and practicing in the off season.

Every year, players vie for spots on the varsity team. Once teams are selected, each year, Kelly usually gets a feeling about the upcoming season. “You get a sense of the mental makeup of the players and their drive to find success and it gives you insight and perspective into how to coach and what buttons to push...” This allows him to offer up lofty goals, even seemingly “crazy” ideas, like in August of 2015, when he told the parents of the varsity players that they could win a state title. And, he was right. In the season of 2015, the team went to the State finals. So, his coach’s hunch was reasonable and in check.

This year’s team goes into the State tournament with a record of 15-1-0 and state ranking. Coach Kelly says that this current team is the hardest working team he has coached in all his years of experience. “They are so much fun to coach both in practice and games because of their incredible work rate. And to have only four returning starters from last year’s team is indicative of the culture and the pursuit of excellence these kids have.” Kelly said. Their first tournament game was on October 19th at home, against Western Brown and they won 3-1. They went on to win against Anderson and Sydney for the district title. They won against Fairfield for the regional semi-finals and won the regional title against Springboro, the team that knocked Loveland out of the tournament last year. They went to the State Final Four against Olentangy Liberty. They won in overtime 2-1, goals scored by **Brice Grieshop (12)** and **Colleen Swift (12)**. They went on to play Perrysville in Mapfre Stadium in Columbus.

Taipei City exchange students enjoy America

By Claire Wallace

@ccwallace4 | Staff writer

Recently, you may have seen some new faces walking around the halls of Loveland High School. **Tina Ting-Yi (11)** and **Emily Hung (11)** are both students from New Taipei City, Taiwan, who are participating in a three-week exchange program. Exchange programs allow participants to travel to a new country, experience a new culture and perhaps discover something new about themselves in the process.

The two current LHS exchange students are participating in the program through “Cincinnati’s Sister City Youth Ambassador Program.” This exchange program started in April of 2013, according to Cincinnati Public Schools. Cincinnati is a sister city with several cities around the world, and has partnered with New Taipei City, Taiwan since 1994. The two cities agreed to make the exchange program a five year partnership.

The Cincinnati Sister City Youth Ambassador Program has been extremely successful in forging bonds between students in Cincinnati and New Taipei City. While the program is officially run through Cincinnati Public Schools, other schools in the Cincinnati area are also able to participate. This includes schools such as Saint Xavier, Indian Hill, Milford and Loveland.

Through the Cincinnati Sister City

Project, students from Taiwan spend approximately three weeks in Cincinnati. During this time, they live with local families, go to school, and experience living in America. The students participate in daily life with the family, which may even include day trips to surrounding areas or vacations. The host family provides accommodations, all meals, and transportation to and from school.

As part of the program, the host student

may travel to Taiwan at a later date for a similar experience in another country. The cost of participating in any exchange program varies depending on the exchange country that the student is going to.

Ting-Yi, hosted by **Ashley George (10)**, is sixteen years old and in the eleventh grade. She is extremely excited to learn more about the U.S. and to get a better understanding of American culture. It is one of her dreams to study in America.

“It is much different from Taiwan,” **Ting-Yi** said. “The school life, the culture, and the U.S. is much bigger than Taiwan.”

Her favorite subject is engineering and she loves American food. According to her, the food in Taiwan is similar to food here in America. “For example, hamburgers, french fries, and so on, also are in Taiwan,” says **Ting-Yi**.

The second exchange student from New Taipei City is **Emily Hung**. **Hung**, like **Ting-Yi** is also sixteen and a junior. She decided to come to the United States to experience American life and to improve her English speaking and listening skills. Emily is being hosted by the family of **Ryan Smith (9)**.

“The main difference between Taiwan and America is transportation,” **Hung** said. “In New Taipei City, we can use the bus, MRT (like subways in US), or take a train. In the United States, it seems like most people drive.” Hung has already taken a visit to Kentucky, and is looking forward to more American adventures.

So far, both girls say that they are enjoying the people of the U.S. and find the students and families of Loveland to be extremely generous and kind. **Ting-Yi** appreciates how her hosts have made her a part of their lives and treat her as part of the family. Both her and **Hung** agree that the students of LHS have been very welcoming. Tina and Emily came to LHS on October 22, and their last day was November 8.



Photo Courtesy of Mrs. Duhl

Exchange student **Tina Ting-Yi (11)** with **Mrs. Duhl’s** Honors English 10 class. The students are staying with host families during their time in America.

Art classes create foundation for future success

By Sam Aldrich

@samaldrich7 | Staff writer

While your basic, run-of-the-mill art classes may not seem like the most exciting application of art, Art I, II, III, and IV provide students with an abundance of artistic knowledge. The courses expose students to a wide variety of projects, the difficulty dependent on the level of classwork the course requires.

Art I provides basic information on technique, artistic principles, and practical application of these skills. The students interact with a variety of media in their projects, including paint, pencil, charcoal, and oil pastels.

“I learned how to draw a bunny- I think I’m done with school that’s; all I need to know,” **Victoria Lindner (11)** said, discussing her oil pastel project in Art I.

While the projects often vary from teacher to teacher, each class works with color and shape to establish the basics of art to ensure students can become successful in the rest of the course. Many of the projects help introduce the students to different aspects of art, exposing them to the widest possible variety in order to let them find something

they enjoy and feel comfortable exploring.

After completing Art I, students can move on to Art II, the next level art course that exposes students to a higher level of work. In addition to expanding on the media and techniques students explore in Art I, Art II goes into the history of art. Students study the different artistic movements and the artists who they were made up of and even learn to apply these different styles and philosophies to their own work.

“We had more creative freedom than Art I and made a lot of projects I’m actually proud of,” **Maddie Pecot (11)** said. Students are given different choices to encourage their artistic education in ways that go beyond basic knowledge. The course helps foster genuine artistry in ways that Art I doesn’t require.

After completing Art I and II, students may then move on to the third of the principle art courses. The curriculum in Art III pushes students beyond what they have done in previous classes, forcing them to apply their technical and artistic abilities in ways they had not needed to before. The projects require more attention to detail and dedication to the subject, while giving the students more freedom within the piece and subject matter itself.

One of the many projects the class does is the finger-painted self-portrait. Here, the students use only black paint and water on a white paper to create images of their faces. This requires an extensive understanding of shading and its effect on shape in order to complete, something **Kat Sanderson (12)** said was “fun pushing myself to do better.” The assignments in this course combine techniques from the previous classes to force the students to see a bigger picture within the project.

These three courses lead into Art IV as well as AP Studio Art, courses that continue to push students to their artistic limits. As with any AP course, students submit content to be assessed in order to gain college credit. The Studio Art students do so in the form of a portfolio composed of a variety of pieces designed to show their creative abilities.

These classes serve as a basis for many of the other art electives that introduce students to artistic principles and elements of design. They help cultivate their success throughout their artistic endeavors, whether it be graphic design, ceramics, or anything in between. The fundamental knowledge based in arts allows them to more thoroughly understand the art in the world around them, and contribute to the art they find there.



Photo by Anna Svitkovich

Maria Bashardoust (10) and **Sarah Harter (12)** work on a project for Art I. Students learned techniques and principles throughout.



Photo by Riley Bullock

Natalia Greinwald (10) glazes pottery in Art II. Art II utilizes different styles of art and allows more creativity.

Electives give students choices to explore interests

By: Claire Krabacher
@c_krabacher | Staff Writer

Electives allow high school students to explore hobbies and develop interests for subjects other than basic core classes. During freshman, sophomore, and junior year students can choose up to four electives (if PE is waived) and senior year students have space for up to six electives.

Choosing from the many elective options can be overwhelming. There are even programs like College Credit Plus and Ambassador that are unique experiences for learning. Counselors can help you select classes and discuss the many options for electives. Loveland offers a variety of electives, including: Band, Computer Programming, Yearbook, Ceramics, Fantasy Science-Fiction, and many more. New electives have been added recently, such as Microbiology and 3D Art.

The science-related electives are especially popular among students, Forensic Science being one example. “I like Forensics because it is science that is interesting plus we get to watch lots of crime show episodes!” **Hannah Muehlenkamp (11)** said. Forensic Science is utilizing science in the criminal justice system. This class’s material covers fingerprinting, entomology, DNA, and pattern impressions. Forensics is taught by **Mr. Dorsey** and can be taken as a junior or a senior. It requires Biology as a prerequisite.

Another prominent science program is Biotech, which is taught by **Mr. Allison**. It is a two-year commitment during junior and senior year that requires an application

and a capstone project at the end of the two years. It focuses on lab skills and covers topics like microbiology, nucleic acids, proteins, and immunology.

“My favorite class is Biotech,” **Peyton Beller (11)** said. “It is really fun and we do a lot of interesting labs. Mr. Allison is a really awesome and great teacher. I enjoy being in that class.”

Although new choices have been added to the course selection guide in the past few years, some students would like to see other kinds of electives in the future. “I think it would be so cool to have an astronomy class!” **Jordan Morrison (11)** said.

Some students would also like to see the addition of a Study Hall class like other high schools in the area have. “I wish there were a Study Hall elective option so I could work on my homework,” **Kendall Ewert (11)** said. A study hall class allows students to work on homework before they leave school and ask questions before teachers leave for the day. Additionally, students would be able to collaborate and study together on necessary work and projects.

Loveland High School has a great variety of electives and classes to take during high school. The recognized music and arts programs such as Jazz Band, Show Choir, and Photography are just a few of the options. When it comes time to choose classes, talk to other students about their favorite electives and why they enjoyed them. When selecting classes, consider interests and possible careers; students shouldn’t limit themselves when choosing. Make the most of the high school experience and discover interests by taking a variety of classes and electives.

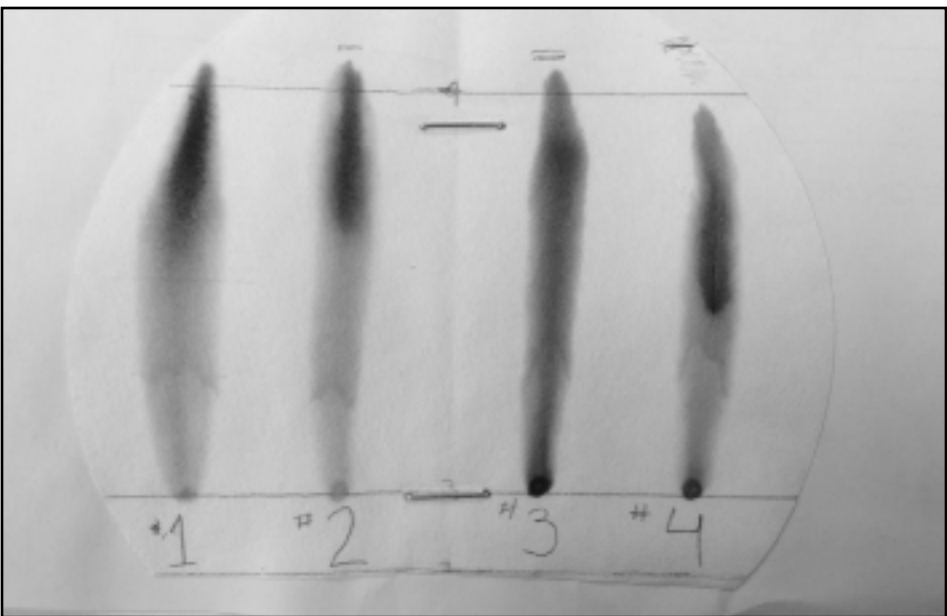


Photo by Kayla Gibbins
A photo of a chromatogram made in the Forensic Science class with Mr. Dorsey. This science experiment was done in their study of document analysis, and was used to determine which pen was used to write a note.

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National data breaches wreak havoc

By: Patrick Seroogy
@lovelandroar | Editor-in-chief

Equifax has been in the news lately, for what would be called a data breach: the release of private or confidential information into an unsecure environment. Whether intentional or unintentional, it has every possibility of being devastating.

This has been a problem amplified by the present technological age and exacerbated by the use of comparably insufficient cyber-security (as well as improper actions among leadership positions). And with the largest data breach in history affecting nearly half of the American population only recently, these breaches are only set to continue if technology and software are not brought up to speed and leadership in the roles of security do not conform to standards to guard against future dangers and attacks.

Data breaches are defined by the US Department of Health and Human Services to be “a security incident in which sensitive, protected or confidential data is copied, transmitted, viewed, stolen or used by an individual unauthorized to do so.” As it is, data breaches occur uncommonly on a large frequency, but do happen continually on a smaller level. The information that can be stolen or accessed ranges from personal health information (PHI) personally identifiable information (PII).

According to the *New York Times*, such incidents usually cause no lasting harm;

either the breach in security is remedied before information can be accessed by “unscrupulous people,” or the thief/hacker is only interested in the hardware stolen, not the data it contained. However, among other serious consequences, the risk of identity theft is posed, as financial information and PII such as Social Security numbers (SSNs) could be compromised and exploited.

The data breach at Equifax, one of the “Big Three” credit agencies, of over 140 million consumers’ personal data is one such example of this phenomenon, according to *The Economist* - the largest in history, in fact. People’s full names, SSNs, birth dates, addresses, etc. were accessed by cybercriminals who, according to the *National Law Review*, purportedly abused a vulnerability in the open-source software that Equifax’s online dispute portal was formed of.

Other large examples of data breaches include those at Yahoo of 2014 and Target of 2013, for which the breaches proved significantly costly. According to the *New York Times*, profit dropped sixty percent for Target in the fourth quarter of 2016, and lowered the price of Yahoo’s acquisition by Verizon by \$1 billion.

The Credit Union National Association estimates that by 2020, the average cost of a data breach will be more than \$150 million; the average global annual cost is forecast to be over \$2 trillion.

According to *The Washington Post*,



Photo courtesy of flickr

the issue is as much a cause of weak cybersecurity as a cause of improper management. Equifax did not announce the breach that occurred between May and July of this year until September. Similarly, the breach at Yahoo of over 500 million accounts in 2014 was not openly disclosed until 2016. The *Wall Street Journal* also reports that Equifax executives sold off a significant amount of company stock before news of the breach was made public.

A major point of all these incidents is that the privacy of many individuals was breached and compromised, a factor of which was the late notification by these organizations of the fact that a breach

occurred at all. An article by CNBC stressed the relationship and codependency between privacy and security: in the age of digital surveillance and encryption, “security is often framed as a choice between security and privacy.”

According to CNBC, this is not the case. Instead, privacy and security support each other, society, and the economy - which the cost of data breaches seems to corroborate - and are best protected by the efforts of those in positions of security toward prevention of data breaches. This includes alerting consumers about breaches, the failure of which is a failure of leadership as much as that of network security.

Teens not getting sufficient sleep

By Grisha Tackett
 @TheRealGrishaT8 | Staff Writer

The alarm on your phone suddenly goes off and you feel like you just fell asleep. The time is 6 a.m. and you complain for the thirty-thousandth time that it's way too early for anyone to be awake. We've all been in that situation and some of us more than others. Teens not getting enough sleep at night is an epidemic that has taken over the United States and has spread throughout the world.

Sleep is as necessary to our well-being as breathing air and staying hydrated. According to the National Sleep Foundation, teens should get around 8 to 10 hours of sleep per night. They also cite that only fifteen percent of teens regularly receive that amount of sleep. According to **Brady Ingal (11)**, "On average, I go to sleep around 2 in the morning and wake up at 5:45 on a school night." The adolescent years of a child are some of the most important in his or her development. Dr. Mary Carskadon of Brown University asserts that sleep is more important in the adolescent years than throughout childhood. She went on further to mention that over half the teens she interviewed for a study showed symptoms of Narcolepsy, a serious sleep disorder affecting the REM cycle, and can be caused by a lack of sleep.

The effects of not receiving enough sleep are countless and can be fatal. According to the Child Mind Institute, fatigue has been the cause of over 100,000 car accidents and in North Carolina, over half were caused by people under the age of twenty-five. Several studies have also linked sleep deprivation with a rise in depression in teenagers. Sleep deprivation can also cause teens to perform dramatically worse in school and other academic settings. It can affect concentration in class and has an effect on test grades.

What's the root of this epidemic? The answer is complicated and typically very individualized. One component is biological and we can't really do too much about it. When a child becomes a teenager, his or her body produces more melatonin, a hormone that controls sleep

cycles, before they go to sleep thus causing the teen to stay up late. Another factor is that teenagers can lead very busy lives and simply don't have the time to sleep. Teenagers often are assigned with hours of homework assignments, are expected to participate in after school activities, and



Photo courtesy of Love Krittya

Doctors suggest ways to get more sleep - which is something necessary for human well-being. Due to early school start times and other activities, teenagers have not gotten enough sleep.

have to balance a social and family life. These activities force teens to stay up later than they ought to in order to get all of it done. New technology is another source of the issue. Technology can distract teens and they might stay up later FaceTiming or checking their social media. According to Dr. Van Gilder, the blue light emitted from all of the screens can suppress the brain's production of melatonin.

There are several different tips and tricks a teen can practice in order to get their sleep schedules back on a healthy track. According to the Cleveland Clinic, maintaining a consistent sleep schedule is key. This

means going to bed and waking up at the same times on weekdays and weekends. They also said that dedicating an hour before bedtime to wind down is extremely helpful as well. During this time, it is recommended to read a book or listen to quiet music. Activities such as playing video games or watching tv will only stimulate the brain and will make it harder for the brain to fall asleep. Try to limit caffeine consumption too as it can disrupt sleep patterns and should especially be avoided in the evening. Some other tips are: exercising, sleeping in a dark, clean room, and avoid alcohol and other drugs especially before you sleep.

The bottom line is that in today's society, we don't prioritize sleep. This is having a negative effect on teens and young adults. Consistently falling behind on sleep can cause health problems now and also can raise the risk for other complications later in life.



Photo courtesy of MC Quinn

This is a common scene at schools across the country. Studies confirmed that sleep is important in adolescence, essentially stating that more sleep benefits teenagers.

Pollution increasing global and economic problem

By Patrick Seroogy
 @lovelandroar | Editor in Chief

Pollution is no light subject, both figuratively and literally. Along with air pollution heavy enough to be visibly opaque, the contamination of water and soil effected by waste from industry is no new phenomenon - but it is a continual one. And with a reported sixth of premature deaths worldwide in 2015 linked with pollution, it is an issue, however old, that is still necessary to address and deal with.

A report published in *The Lancet*, a well-known peer-reviewed medical journal, found that exposure to pollution led to an estimated nine million deaths in 2015, about sixteen percent of all deaths worldwide. In the countries most severely polluted, over a quarter of premature deaths could be attributed to pollution, particularly in the air.

It is no secret that pollution is at the root of hosts of problems, from oil spills to climate change. This includes its toll on the environment, as well as on human health, ranging from respiratory diseases to various types of cancer. According to the National Public Radio (NPR), studies have found pollution is linked to a wider range of diseases than previously thought, something this study in *The Lancet* draws upon.

This study, in its research, compared populations exposed to pollutants to those not exposed, and examined deaths in each. The causes vary - "cancer, lung disease, heart disease" - but the report connects them to pollution. According to NPR, this study and others have exhibited pollution to lead to a number of potentially fatal diseases including: "asthma, cancer, neurodevelopmental disorders, birth defects in children, heart disease, stroke and lung disease."

As it is, pollution, especially in the air, also disproportionately affects developing third-world countries that are rapidly industrializing but have

comparably weak environmental policies. According to *Science News*, more than half of global deaths from air pollution in 2015 occurred in China and India, and the *Lancet* study found more than ninety percent of the nine million deaths from pollution to have happened in low- and middle-income countries.

According to *USA Today*, air pollution in India and



Photo courtesy of Image Catalog

Pollution continues to be an international problem. It was a large cause of death in past years.

Pakistan has gotten so bad that smog has (temporarily) enveloped much of both countries and vehicular accidents have occurred due to low visibility. Atmospheric pollution is concentrated in urban areas, but the average amount of it in Pakistan's major cities is approximately four times higher than the limits set by the World Health Organization.

Pollution is an issue that has been addressed to a greater degree in first world countries, now significantly less

prominent as a result of a crackdown on the production of pollutants through environmental litigation in the latter half of the twentieth century. The incident of many an environmental disaster was the cause of ecological concern and a root of the environmental movement in the US.

A famous, or perhaps infamous, example of pollution in America, according to the National Oceanic and Atmospheric Administration (NOAA), is that of the Cuyahoga River in Cleveland, Ohio. The river became so polluted that in 1936 the river literally set afire (from the spark of a stray blowtorch), an event which occurred several more times over the next thirty years.

Another major fire on the same river in 1969 finally prompted the Water Pollution Control Act of 1972. According to the NOAA, this act provided funds to improve sewage treatment plants and limited the amount of waste product industry could discharge into river water. A later act also prohibited the discharge of oil into water as well.

Additionally, the *Lancet* study reports a \$4.6 trillion drain on the global economy due to exposure to dirty air, water, and soil. This may well actually be an actual underestimate, as well as an underestimate of pollution's impact on disease and human physiology as a whole. "There is not enough research to correctly gauge the effects of certain chemicals (such as endocrine disruptors thought to interfere with body metabolism)," according to *Science News*.

Hopefully it is not something so outlandish as a river catching fire that is the cause of environmental reform, but concern for the health of people and the environment for such countries as India and China that suffer from heavy pollution. It might well be advisable to follow suit by countries like the US and those of the European Union, which have made environmental policies top priorities in the past (and present).